

| Platz | m/w | StNr | Name        | Vorname      | BSG          | Jg | Strecke | Zeit    | Schnitt | Anzahl |
|-------|-----|------|-------------|--------------|--------------|----|---------|---------|---------|--------|
| 1     | m   | 564  | Gresens,    | Jan          | Runn Green   | 75 | 21300   | 1:29:43 | 0:04:13 | 3      |
| 2     | w   | 567  | Hielscher,  | Marie        | Runn Green   | 84 | 21300   | 1:30:49 | 0:04:16 | 3      |
| 3     | m   | 16   | Krastev,    | Ulli         | BACARDI      | 69 | 21300   | 1:30:52 | 0:04:16 | 3      |
| 4     | m   | 318  | Jansen,     | Thies        | Airbus       | 71 | 21300   | 1:33:40 | 0:04:24 | 3      |
| 5     | m   | 507  | Neumann,    | Uwe          | FA HH        | 73 | 21300   | 1:35:17 | 0:04:28 | 3      |
| 6     | w   | 313  | Brockmann,  | Christina    | Airbus       | 84 | 21300   | 1:36:14 | 0:04:31 | 3      |
| 7     | m   | 176  | Wilde,      | Tim          | HapagLloyd   | 85 | 21300   | 1:36:26 | 0:04:32 | 3      |
| 8     | m   | 569  | Kleinwort,  | Markus       | Runn Green   | 73 | 21300   | 1:44:04 | 0:04:53 | 3      |
| 9     | m   | 580  | Lambracht,  | Gerald       | Stern        | 70 | 21300   | 1:45:38 | 0:04:58 | 3      |
| 10    | w   | 183  | Goebel,     | Sonia Isabel | Knossos.de   | 90 | 21300   | 1:47:47 | 0:05:04 | 3      |
| 11    | m   | 1025 | Behrens,    | Steffen      | Gast         | 79 | 21300   | 1:50:19 | 0:05:11 | 3      |
| 12    | w   | 477  | Voß,        | Katharina    | K&M Sport    | 83 | 21300   | 1:51:21 | 0:05:14 | 3      |
| 13    | m   | 55   | Meyer-Reim, | Utz          | DZ HYP       | 61 | 21300   | 1:54:24 | 0:05:22 | 3      |
| 14    | m   | 1026 | Hardes,     | Christoph    | Gast         | 73 | 21300   | 1:55:34 | 0:05:26 | 3      |
| 15    | m   | 261  | Petsch,     | Wolfgang     | Signal Iduna | 60 | 21300   | 1:57:23 | 0:05:31 | 3      |
| 16    | m   | 174  | Schubert,   | Ralph        | HapagLloyd   | 73 | 21300   | 1:57:39 | 0:05:31 | 3      |
| 17    | m   | 969  | Eren,       | Levent       | Stern        | 76 | 21300   | 1:57:42 | 0:05:32 | 3      |
| 18    | m   | 169  | Scholz,     | Christian    | Haspa        | 82 | 21300   | 1:58:18 | 0:05:33 | 3      |
| 19    | m   | 546  | Becker,     | Jens-Gerrit  | OTTO         | 62 | 21300   | 2:00:02 | 0:05:38 | 3      |
| 20    | m   | 327  | Schmidt,    | Gunter       | Airbus       | 61 | 21300   | 2:00:46 | 0:05:40 | 3      |
| 21    | m   | 420  | Meyer,      | Mario        | HW           | 63 | 21300   | 2:01:18 | 0:05:42 | 3      |
| 22    | w   | 72   | Schmidt,    | Karen        | ERGOsports   | 86 | 21300   | 2:02:01 | 0:05:44 | 3      |
| 23    | m   | 550  | Reuer,      | Hans-Henning | OTTO         | 67 | 21300   | 2:03:11 | 0:05:47 | 3      |
| 24    | w   | 164  | Hoeft,      | Gesine       | Laufladen    | 52 | 21300   | 2:03:27 | 0:05:48 | 3      |
| 25    | w   | 570  | Köhler,     | Beatrix      | Runn Green   | 67 | 21300   | 2:04:17 | 0:05:50 | 3      |
| 26    | w   | 316  | Garbers,    | Catharina    | Airbus       | 81 | 21300   | 2:04:57 | 0:05:52 | 3      |
| 27    | m   | 221  | Stäcker,    | Frank        | PHILIPS      | 64 | 21300   | 2:05:59 | 0:05:55 | 3      |
| 28    | m   | 552  | Bramer,     | Marco        | PHILIPS      | 82 | 21300   | 2:06:19 | 0:05:56 | 3      |
| 29    | m   | 235  | Braeuer,    | Karsten      | Stern        | 72 | 21300   | 2:07:18 | 0:05:59 | 3      |
| 30    | w   | 1030 | Schumacher, | Gabi         | Gast         | 71 | 21300   | 2:10:10 | 0:06:07 | 3      |

| Platz | m/w | StNr | Name         | Vorname  | BSG        | Jg | Strecke | Zeit    | Schnitt | Anzahl |
|-------|-----|------|--------------|----------|------------|----|---------|---------|---------|--------|
| 31    | w   | 444  | Courtault,   | Britta   | Haspa      | 66 | 21300   | 2:12:27 | 0:06:13 | 3      |
| 32    | m   | 443  | Breier,      | Thomas   | Haspa      | 67 | 21300   | 2:12:51 | 0:06:14 | 3      |
| 33    | w   | 455  | Sagert,      | Erika    | HapagLloyd | 52 | 21300   | 2:14:50 | 0:06:20 | 3      |
| 34    | m   | 161  | Tilch,       | Peter    | HPA        | 55 | 21300   | 2:17:16 | 0:06:27 | 3      |
| 35    | w   | 496  | Kersten,     | Ines     | Laufwerk   | 62 | 21300   | 2:28:09 | 0:06:57 | 3      |
| 36    | m   | 766  | Lucke,       | Marcus   | Airbus     | 65 | 17700   | 1:39:41 | 0:05:38 | 2      |
| 37    | m   | 312  | Brockmann,   | Achim    | Airbus     | 80 | 17700   | 1:52:59 | 0:06:23 | 2      |
| 38    | m   | 553  | Dreise,      | Gösta    | PHILIPS    | 68 | 17700   | 2:02:53 | 0:06:57 | 2      |
| 39    | m   | 858  | Richter,     | Jörg     | Airbus     | 63 | 14200   | 1:21:26 | 0:05:44 | 2      |
| 40    | m   | 330  | Trümper,     | Michael  | Airbus     | 66 | 14200   | 1:22:00 | 0:05:46 | 2      |
| 41    | m   | 568  | Huhn,        | Philipp  | Runn Green | 88 | 10700   | 0:43:52 | 0:04:06 | 2      |
| 42    | m   | 555  | Matzke,      | Herwig   | PHILIPS    | 72 | 10700   | 0:46:08 | 0:04:19 | 2      |
| 43    | m   | 184  | Oswald,      | Mathias  | Knossos.de | 78 | 10700   | 0:50:24 | 0:04:43 | 2      |
| 44    | w   | 328  | Schultz,     | Eva      | Airbus     | 84 | 10700   | 0:50:34 | 0:04:44 | 2      |
| 45    | m   | 999  | Reschke,     | Mark     | HPA        | 72 | 10700   | 0:51:48 | 0:04:50 | 2      |
| 46    | m   | 242  | Balzer,      | Klaus    | Zoll       | 69 | 10700   | 0:53:22 | 0:04:59 | 2      |
| 47    | m   | 726  | Hausmann,    | Malte    | Knossos.de | 84 | 10700   | 0:55:12 | 0:05:10 | 2      |
| 48    | m   | 757  | Lemm,        | Ronald   | Marien-Krh | 56 | 10700   | 0:56:32 | 0:05:17 | 2      |
| 49    | w   | 556  | Matzke,      | Svenja   | PHILIPS    | 78 | 10700   | 0:58:12 | 0:05:26 | 2      |
| 50    | w   | 337  | Buchmann,    | Sigrid   | AK Nord    | 68 | 10700   | 0:59:13 | 0:05:32 | 2      |
| 51    | w   | 368  | Pohl,        | Katja    | DZ HYP     | 69 | 10700   | 1:06:09 | 0:06:11 | 2      |
| 52    | w   | 198  | Perez-Platz, | Ursula   | Marien-Krh | 66 | 10700   | 1:20:50 | 0:07:33 | 2      |
| 53    | m   | 375  | Eybächer,    | Michael  | ELBE-Sport | 43 | 10700   | 1:33:01 | 0:08:42 | 2      |
| 54    | m   | 922  | Liebrich,    | Johannes | Uni Bw     | 94 | 10600   | 0:41:35 | 0:03:55 | 1      |
| 55    | m   | 493  | Dieckmann,   | Lukas    | Laufwerk   | 85 | 10600   | 0:41:49 | 0:03:57 | 1      |
| 56    | m   | 500  | Schlag,      | Marcel   | Laufwerk   | 87 | 10600   | 0:43:12 | 0:04:05 | 1      |
| 57    | m   | 501  | Thiessen,    | Mathias  | Laufwerk   | 80 | 10600   | 0:44:15 | 0:04:10 | 1      |
| 58    | m   | 436  | Merklinger,  | Sergej   | Laufladen  | 79 | 10600   | 0:44:33 | 0:04:12 | 1      |
| 59    | m   | 713  | Jennrich,    | Nils     | Laufladen  | 80 | 10600   | 0:44:33 | 0:04:12 | 1      |
| 60    | m   | 325  | Rohlf,       | Torben   | Airbus     | 77 | 10600   | 0:45:31 | 0:04:18 | 1      |

| Platz | m/w | StNr | Name         | Vorname       | BSG             | Jg | Strecke | Zeit    | Schnitt | Anzahl |
|-------|-----|------|--------------|---------------|-----------------|----|---------|---------|---------|--------|
| 61    | m   | 334  | Jaekel,      | Carsten       | AlbeDiakon      | 70 | 10600   | 0:45:53 | 0:04:20 | 1      |
| 62    | m   | 834  | Warneck,     | Marco         | NDR             | 78 | 10600   | 0:46:22 | 0:04:22 | 1      |
| 63    | m   | 1021 | Hildebrandt, | Maximilian    | BBK             | 94 | 10600   | 0:46:28 | 0:04:23 | 1      |
| 64    | m   | 843  | Fink,        | Patrick       | Allianz         | 79 | 10600   | 0:46:58 | 0:04:26 | 1      |
| 65    | m   | 1029 | Schäning,    | Johann        | Gast            | 96 | 10600   | 0:47:23 | 0:04:28 | 1      |
| 66    | m   | 630  | Stephan,     | Achim         | wellnuss.de     | 76 | 10600   | 0:47:31 | 0:04:29 | 1      |
| 67    | m   | 866  | Höhne,       | David         | Energie SV      | 83 | 10600   | 0:47:57 | 0:04:31 | 1      |
| 68    | m   | 49   | Jaekel,      | Christoph     | DESY            | 73 | 10600   | 0:47:59 | 0:04:32 | 1      |
| 69    | m   | 965  | Meise,       | Helge         | Laufwerk        | 64 | 10600   | 0:48:31 | 0:04:35 | 1      |
| 70    | m   | 1028 | Mattstedt,   | Daniel        | Gasnetz Hamburg | 82 | 10600   | 0:48:33 | 0:04:35 | 1      |
| 71    | m   | 754  | Bietke,      | Dirk          | TÜV-Nord        | 71 | 10600   | 0:48:39 | 0:04:35 | 1      |
| 72    | w   | 711  | Bruns,       | Miriam        | Laufladen       | 83 | 10600   | 0:48:50 | 0:04:36 | 1      |
| 73    | m   | 377  | Meier,       | Ralf          | ELBE-Sport      | 69 | 10600   | 0:48:52 | 0:04:37 | 1      |
| 74    | m   | 898  | Groth,       | Paul          | FA HH           | 70 | 10600   | 0:48:56 | 0:04:37 | 1      |
| 75    | m   | 13   | Kurch,       | Sebastian     | Airbus          | 81 | 10600   | 0:49:23 | 0:04:40 | 1      |
| 76    | m   | 494  | Hasenclever, | Jörg          | Laufwerk        | 77 | 10600   | 0:49:39 | 0:04:41 | 1      |
| 77    | m   | 1018 | Deppe,       | Jan           | Airbus          | 98 | 10600   | 0:50:13 | 0:04:44 | 1      |
| 78    | m   | 931  | Schie, van   | John          | Airbus          | 72 | 10600   | 0:50:48 | 0:04:48 | 1      |
| 79    | m   | 173  | Schnell,     | Steffen       | HapagLloyd      | 87 | 10600   | 0:52:06 | 0:04:55 | 1      |
| 80    | m   | 710  | Böttcher,    | Dirk          | Laufladen       | 69 | 10600   | 0:52:28 | 0:04:57 | 1      |
| 81    | m   | 205  | Gehn,        | Marcel        | Nordmark        | 94 | 10600   | 0:52:36 | 0:04:58 | 1      |
| 82    | m   | 743  | Hensel,      | Jullian       | PHILIPS         | 85 | 10600   | 0:52:52 | 0:04:59 | 1      |
| 83    | m   | 208  | Winkeler,    | Tobias        | Nordmark        | 88 | 10600   | 0:52:58 | 0:05:00 | 1      |
| 84    | m   | 194  | Hauck,       | Michael       | FA HH           | 75 | 10600   | 0:53:01 | 0:05:00 | 1      |
| 85    | m   | 707  | Scholz,      | Stephan       | HPA             | 70 | 10600   | 0:53:02 | 0:05:00 | 1      |
| 86    | w   | 405  | Westphal,    | Luise         | Gasnetz HH      | 85 | 10600   | 0:53:23 | 0:05:02 | 1      |
| 87    | w   | 14   | Masing,      | Alexandra     | Airbus          | 99 | 10600   | 0:53:31 | 0:05:03 | 1      |
| 88    | m   | 214  | Bastardo,    | Gustavo       | PHILIPS         | 65 | 10600   | 0:53:39 | 0:05:04 | 1      |
| 89    | w   | 675  | Meyer,       | Lisa-Christin | Airbus          | 99 | 10600   | 0:53:50 | 0:05:05 | 1      |
| 90    | m   | 682  | Wenzlaff,    | Borwin        | BBK             | 69 | 10600   | 0:53:51 | 0:05:05 | 1      |

| Platz | m/w | StNr | Name          | Vorname    | BSG          | Jg | Strecke | Zeit    | Schnitt | Anzahl |
|-------|-----|------|---------------|------------|--------------|----|---------|---------|---------|--------|
| 91    | w   | 177  | Wolf,         | Simone     | HapagLloyd   | 89 | 10600   | 0:53:58 | 0:05:05 | 1      |
| 92    | m   | 836  | Borchers,     | Mario      | PHILIPS      | 64 | 10600   | 0:54:09 | 0:05:07 | 1      |
| 93    | m   | 865  | Deren,        | Slawomir   | Energie SV   | 82 | 10600   | 0:54:20 | 0:05:08 | 1      |
| 94    | m   | 1022 | Gieschen,     | Johannes   | Commerzbank  | 99 | 10600   | 0:54:22 | 0:05:08 | 1      |
| 95    | w   | 433  | Kaßen,        | Dortje     | Laufladen    | 73 | 10600   | 0:54:25 | 0:05:08 | 1      |
| 96    | w   | 896  | Willamowski,  | Claudia    | Laufwerk     | 67 | 10600   | 0:54:28 | 0:05:08 | 1      |
| 97    | m   | 581  | Lever,        | Patrick    | Stern        | 61 | 10600   | 0:54:42 | 0:05:10 | 1      |
| 98    | m   | 32   | Wulff,        | Lars       | CLD HH       | 72 | 10600   | 0:55:01 | 0:05:11 | 1      |
| 99    | m   | 631  | Wietbrauk,    | Malte      | wellnuss.de  | 88 | 10600   | 0:55:13 | 0:05:13 | 1      |
| 100   | w   | 8    | Werner,       | Kristina   | Krüss-OSH    | 82 | 10600   | 0:55:26 | 0:05:14 | 1      |
| 101   | m   | 467  | Breitenstein, | Andre      | HypoVerein   | 67 | 10600   | 0:55:37 | 0:05:15 | 1      |
| 102   | m   | 372  | Ruf,          | Martin     | EDEKA        | 85 | 10600   | 0:55:46 | 0:05:16 | 1      |
| 103   | m   | 240  | Twesten,      | Dennis     | Stern        | 83 | 10600   | 0:55:51 | 0:05:16 | 1      |
| 104   | m   | 1035 | Kohlrausch,   | Jan        | Laufladen    | 70 | 10600   | 0:56:18 | 0:05:19 | 1      |
| 105   | w   | 730  | Lüders,       | Kerstin    | Gaden        | 63 | 10600   | 0:56:36 | 0:05:20 | 1      |
| 106   | m   | 354  | Kasper,       | Thomas     | Commerzbank  | 68 | 10600   | 0:57:03 | 0:05:23 | 1      |
| 107   | m   | 974  | Idel,         | Moritz     | WTM HH       | 91 | 10600   | 0:57:17 | 0:05:24 | 1      |
| 108   | w   | 223  | Baron,        | Franziska  | Polizei HH   | 80 | 10600   | 0:57:25 | 0:05:25 | 1      |
| 109   | m   | 545  | Schweigert,   | Karl-Heinz | Olympus OSTE | 63 | 10600   | 0:57:29 | 0:05:25 | 1      |
| 110   | m   | 355  | Kwaschny,     | Sebastian  | Commerzbank  | 88 | 10600   | 0:57:30 | 0:05:25 | 1      |
| 111   | m   | 777  | Keim,         | Olaf       | Deut.Bank    | 64 | 10600   | 0:57:33 | 0:05:26 | 1      |
| 112   | m   | 394  | Faust,        | Thomas     | ERGOsports   | 62 | 10600   | 0:57:38 | 0:05:26 | 1      |
| 113   | m   | 475  | Schüßler,     | Lutz       | K&M Sport    | 63 | 10600   | 0:57:40 | 0:05:26 | 1      |
| 114   | m   | 729  | Golembiewski, | Andreas    | Krüss-OSH    | 60 | 10600   | 0:57:43 | 0:05:27 | 1      |
| 115   | m   | 764  | Grimmel,      | Jürgen     | Airbus       | 61 | 10600   | 0:57:43 | 0:05:27 | 1      |
| 116   | m   | 539  | Schulz,       | Thomas     | NDR          | 61 | 10600   | 0:57:47 | 0:05:27 | 1      |
| 117   | m   | 1024 | Hartz,        | Manfred    | DAK          | 63 | 10600   | 0:57:52 | 0:05:28 | 1      |
| 118   | w   | 429  | Dittmer,      | Friederike | Laufladen    | 83 | 10600   | 0:58:00 | 0:05:28 | 1      |
| 119   | m   | 69   | Holt,         | Johannes   | ERGOsports   | 84 | 10600   | 0:58:14 | 0:05:30 | 1      |
| 120   | m   | 373  | Sperfeld,     | Dirk       | EDEKA        | 70 | 10600   | 0:58:16 | 0:05:30 | 1      |

| Platz | m/w | StNr | Name                | Vorname     | BSG          | Jg | Strecke | Zeit    | Schnitt | Anzahl |
|-------|-----|------|---------------------|-------------|--------------|----|---------|---------|---------|--------|
| 121   | m   | 12   | Jakobsen,           | Frank       | Airbus       | 66 | 10600   | 0:58:19 | 0:05:30 | 1      |
| 122   | m   | 723  | Schwiers,           | Thomas      | Jungheinrich | 69 | 10600   | 0:58:28 | 0:05:31 | 1      |
| 123   | w   | 820  | Maaß,               | Lina        | Knossos.de   | 85 | 10600   | 0:58:42 | 0:05:32 | 1      |
| 124   | m   | 317  | Gottwald,           | Kristian    | Airbus       | 69 | 10600   | 0:58:48 | 0:05:33 | 1      |
| 125   | m   | 212  | Schult,             | Mario       | Olympus OSTE | 73 | 10600   | 0:58:50 | 0:05:33 | 1      |
| 126   | w   | 310  | Schmidt-Berbatovci, | Julia       | Krüss-OSH    | 79 | 10600   | 0:59:05 | 0:05:34 | 1      |
| 127   | m   | 27   | Riemenschneider,    | Hannes      | BG Verkehr   | 84 | 10600   | 0:59:27 | 0:05:37 | 1      |
| 128   | m   | 1039 | Hoya,               | Constantin  | Olympus OSTE | 80 | 10600   | 0:59:53 | 0:05:39 | 1      |
| 129   | w   | 460  | Wolf,               | Corinna     | HapagLloyd   | 89 | 10600   | 1:00:36 | 0:05:43 | 1      |
| 130   | m   | 978  | König,              | Sven        | Airbus       | 87 | 10600   | 1:00:42 | 0:05:44 | 1      |
| 131   | w   | 716  | Bade,               | Kim-Kristin | HapagLloyd   | 92 | 10600   | 1:00:47 | 0:05:44 | 1      |
| 132   | m   | 11   | Gizzas,             | Heiner      | Airbus       | 76 | 10600   | 1:00:48 | 0:05:44 | 1      |
| 133   | m   | 412  | Blumenberg,         | Frank       | HH Airport   | 88 | 10600   | 1:00:52 | 0:05:45 | 1      |
| 134   | m   | 37   | Persiel,            | Arne        | Commerzbank  | 66 | 10600   | 1:00:59 | 0:05:45 | 1      |
| 135   | w   | 497  | Krispin,            | Marion      | Laufwerk     | 73 | 10600   | 1:01:24 | 0:05:48 | 1      |
| 136   | m   | 717  | Herrmann,           | Thomas      | HEK          | 58 | 10600   | 1:01:32 | 0:05:48 | 1      |
| 137   | m   | 674  | Knaack,             | Tobias      | Airbus       | 75 | 10600   | 1:01:33 | 0:05:48 | 1      |
| 138   | w   | 395  | Fönschau,           | Silke       | ERGOsports   | 62 | 10600   | 1:01:49 | 0:05:50 | 1      |
| 139   | m   | 926  | Klein,              | Friedrich   | Haspa        | 59 | 10600   | 1:02:31 | 0:05:54 | 1      |
| 140   | m   | 698  | Ehrke,              | Michael     | ERGOsports   | 59 | 10600   | 1:02:40 | 0:05:55 | 1      |
| 141   | w   | 363  | Keim,               | Gesche      | Deut.Bank    | 66 | 10600   | 1:02:47 | 0:05:55 | 1      |
| 142   | w   | 71   | Luderer,            | Britt       | ERGOsports   | 70 | 10600   | 1:02:50 | 0:05:56 | 1      |
| 143   | m   | 786  | Hübener,            | Matthias    | ERGOsports   | 62 | 10600   | 1:02:54 | 0:05:56 | 1      |
| 144   | w   | 470  | Sauer,              | Antje       | HypoVerein   | 67 | 10600   | 1:03:01 | 0:05:57 | 1      |
| 145   | m   | 430  | Freitag,            | Jens        | Laufladen    | 63 | 10600   | 1:03:13 | 0:05:58 | 1      |
| 146   | m   | 942  | Kück,               | Oliver      | Energie SV   | 67 | 10600   | 1:03:15 | 0:05:58 | 1      |
| 147   | m   | 712  | Drengwitz,          | Andreas     | Laufladen    | 62 | 10600   | 1:03:39 | 0:06:00 | 1      |
| 148   | m   | 611  | Manthei,            | Jan         | Signal Iduna | 67 | 10600   | 1:04:34 | 0:06:05 | 1      |
| 149   | m   | 402  | Bulla,              | Bernhard    | Gasnetz HH   | 60 | 10600   | 1:04:50 | 0:06:07 | 1      |
| 150   | m   | 333  | Hornung,            | Jürgen      | AlbeDiakon   | 54 | 10600   | 1:05:25 | 0:06:10 | 1      |

| Platz | m/w | StNr | Name        | Vorname         | BSG          | Jg | Strecke | Zeit    | Schnitt | Anzahl |
|-------|-----|------|-------------|-----------------|--------------|----|---------|---------|---------|--------|
| 151   | w   | 3    | Lehmann,    | Sandra          | Krüss-OSH    | 87 | 10600   | 1:05:57 | 0:06:13 | 1      |
| 152   | w   | 357  | Stübner,    | Sarah-Christina | Commerzbank  | 83 | 10600   | 1:06:20 | 0:06:15 | 1      |
| 153   | m   | 594  | Hill,       | Tobias          | Still        | 89 | 10600   | 1:06:37 | 0:06:17 | 1      |
| 154   | m   | 215  | Haubrich,   | Gerhard         | PHILIPS      | 43 | 10600   | 1:07:46 | 0:06:24 | 1      |
| 155   | m   | 586  | Buck,       | Klaus           | Siemens      | 62 | 10600   | 1:07:59 | 0:06:25 | 1      |
| 156   | m   | 10   | Felger,     | Fritz           | Airbus       | 59 | 10600   | 1:08:14 | 0:06:26 | 1      |
| 157   | m   | 587  | Sie Too,    | Petrus          | Siemens      | 58 | 10600   | 1:09:03 | 0:06:31 | 1      |
| 158   | w   | 346  | Kolleman,   | Sabine          | CLD HH       | 64 | 10600   | 1:09:27 | 0:06:33 | 1      |
| 159   | m   | 768  | Niefanger,  | Thomas          | Airbus       | 63 | 10600   | 1:09:29 | 0:06:33 | 1      |
| 160   | w   | 170  | Suckow,     | Maria           | Haspa        | 68 | 10600   | 1:09:53 | 0:06:36 | 1      |
| 161   | w   | 229  | Marthiens,  | Ute             | Polizei HH   | 52 | 10600   | 1:10:04 | 0:06:37 | 1      |
| 162   | m   | 396  | Green,      | Sven            | ERGOsports   | 64 | 10600   | 1:10:31 | 0:06:39 | 1      |
| 163   | w   | 413  | Lohstroh,   | Ellen           | HPA          | 57 | 10600   | 1:12:01 | 0:06:48 | 1      |
| 164   | m   | 447  | Janssen,    | Stefan          | Haspa        | 62 | 10600   | 1:20:20 | 0:07:35 | 1      |
| 165   | w   | 423  | Jordan,     | Angelika        | HHLA         | 57 | 10600   | 1:23:45 | 0:07:54 | 1      |
| 166   | m   | 1041 | Witte,      | Jonas           | Polizei HH   | 87 | 7100    | 0:27:38 | 0:03:54 | 1      |
| 167   | m   | 188  | Langer,     | Mathias         | AltonaDiag   | 67 | 7100    | 0:28:48 | 0:04:03 | 1      |
| 168   | m   | 562  | Schmidt,    | Birger          | Polizei HH   | 84 | 7100    | 0:28:56 | 0:04:05 | 1      |
| 169   | m   | 833  | Dörheit,    | Christian       | NDR          | 79 | 7100    | 0:30:16 | 0:04:16 | 1      |
| 170   | m   | 667  | Ebel,       | Thomas          | NDR          | 65 | 7100    | 0:30:57 | 0:04:22 | 1      |
| 171   | m   | 619  | Vollmers,   | Laurin          | Signal Iduna | 5  | 7100    | 0:31:09 | 0:04:23 | 1      |
| 172   | m   | 913  | Jarck,      | Jan             | AltonaDiag   | 82 | 7100    | 0:33:47 | 0:04:45 | 1      |
| 173   | m   | 271  | Hoch,       | Christoph       | Alto-Nabe    | 60 | 7100    | 0:33:56 | 0:04:47 | 1      |
| 174   | m   | 206  | Gniechwitz, | Peter           | Nordmark     | 65 | 7100    | 0:34:10 | 0:04:49 | 1      |
| 175   | w   | 1036 | Otto,       | Berrin          | Laufaden     | 71 | 7100    | 0:34:12 | 0:04:49 | 1      |
| 176   | m   | 324  | Plambeck,   | Lutz            | Airbus       | 61 | 7100    | 0:34:40 | 0:04:53 | 1      |
| 177   | m   | 68   | Fennen, Dr. | Michael         | ERGOsports   | 88 | 7100    | 0:34:43 | 0:04:53 | 1      |
| 178   | m   | 529  | Scherer,    | Gerhold         | Montblanc    | 71 | 7100    | 0:34:46 | 0:04:54 | 1      |
| 179   | w   | 526  | Hilgendorf, | Carmen          | Montblanc    | 84 | 7100    | 0:34:54 | 0:04:55 | 1      |
| 180   | m   | 620  | Vollmers,   | Thomas          | Signal Iduna | 71 | 7100    | 0:35:05 | 0:04:56 | 1      |

| Platz | m/w | StNr | Name          | Vorname     | BSG          | Jg | Strecke | Zeit    | Schnitt | Anzahl |
|-------|-----|------|---------------|-------------|--------------|----|---------|---------|---------|--------|
| 181   | m   | 612  | Pantelmann,   | Nico        | Signal Iduna | 69 | 7100    | 0:36:43 | 0:05:10 | 1      |
| 182   | m   | 522  | Budig,        | Alexander   | Montblanc    | 97 | 7100    | 0:37:29 | 0:05:17 | 1      |
| 183   | w   | 528  | Pöhler,       | Julia       | Montblanc    | 81 | 7100    | 0:37:41 | 0:05:18 | 1      |
| 184   | w   | 668  | Glöde,        | Jutta       | Lufthansa    | 63 | 7100    | 0:37:49 | 0:05:20 | 1      |
| 185   | w   | 186  | Feldmann,     | Kerstin     | Gaden        | 71 | 7100    | 0:37:57 | 0:05:21 | 1      |
| 186   | m   | 535  | Konrad,       | Thomas      | NDR          | 67 | 7100    | 0:37:58 | 0:05:21 | 1      |
| 187   | m   | 360  | Steinfeld,    | Marco       | Dataport     | 75 | 7100    | 0:38:12 | 0:05:23 | 1      |
| 188   | m   | 909  | Schuster,     | Axel        | G+J          | 71 | 7100    | 0:38:29 | 0:05:25 | 1      |
| 189   | w   | 618  | Vollmers,     | Anja        | Signal Iduna | 70 | 7100    | 0:38:31 | 0:05:25 | 1      |
| 190   | w   | 765  | Hallmann,     | Kirsten     | Airbus       | 71 | 7100    | 0:38:56 | 0:05:29 | 1      |
| 191   | m   | 379  | Wilms,        | Christian   | ELBE-Sport   | 88 | 7100    | 0:38:59 | 0:05:29 | 1      |
| 192   | m   | 819  | Beckmann,     | Niels       | Knossos.de   | 74 | 7100    | 0:39:15 | 0:05:32 | 1      |
| 193   | m   | 899  | Wellbrock,    | Eckehardt   | Montblanc    | 58 | 7100    | 0:39:26 | 0:05:33 | 1      |
| 194   | m   | 492  | Stark,        | Jöran       | Funkgruppe   | 78 | 7100    | 0:39:50 | 0:05:37 | 1      |
| 195   | m   | 33   | Albrecht,     | Christian   | Commerzbank  | 70 | 7100    | 0:40:05 | 0:05:39 | 1      |
| 196   | w   | 189  | Liebold,      | Kristin     | Gaden        | 0  | 7100    | 0:40:18 | 0:05:41 | 1      |
| 197   | m   | 626  | Ruh,          | Jochen      | Tchibo       | 71 | 7100    | 0:40:22 | 0:05:41 | 1      |
| 198   | m   | 387  | Stüfen,       | Sönke       | Energie SV   | 65 | 7100    | 0:40:26 | 0:05:42 | 1      |
| 199   | w   | 388  | Tschiltschke, | Solvejg     | Energie SV   | 91 | 7100    | 0:40:27 | 0:05:42 | 1      |
| 200   | m   | 422  | Geerke,       | Jörg        | HHLA         | 60 | 7100    | 0:40:44 | 0:05:44 | 1      |
| 201   | m   | 425  | Westphal,     | Wolfgang    | Hochbahn     | 54 | 7100    | 0:40:47 | 0:05:45 | 1      |
| 202   | m   | 635  | Pöhler,       | Andre       | TÜV-Nord     | 75 | 7100    | 0:40:49 | 0:05:45 | 1      |
| 203   | m   | 1019 | Prenafeta,    | Paulo       | Airbus       | 89 | 7100    | 0:41:37 | 0:05:52 | 1      |
| 204   | w   | 450  | Recht,        | Janette     | Haspa        | 81 | 7100    | 0:41:49 | 0:05:53 | 1      |
| 205   | w   | 513  | Berels,       | Marika      | Lufthansa    | 63 | 7100    | 0:42:07 | 0:05:56 | 1      |
| 206   | w   | 685  | Engelbrecht,  | Martina     | Alto-Nabe    | 64 | 7100    | 0:42:11 | 0:05:56 | 1      |
| 207   | m   | 1010 | Dahnke,       | Carsten     | Signal Iduna | 67 | 7100    | 0:42:41 | 0:06:01 | 1      |
| 208   | m   | 1011 | Maruhn,       | Clas-Oliver | Signal Iduna | 71 | 7100    | 0:42:41 | 0:06:01 | 1      |
| 209   | m   | 441  | Bornemann,    | Matthias    | Haspa        | 63 | 7100    | 0:43:15 | 0:06:05 | 1      |
| 210   | w   | 1023 | Jungnickel,   | Wiebke      | Commerzbank  | 59 | 7100    | 0:43:21 | 0:06:06 | 1      |

| Platz | m/w | StNr | Name         | Vorname    | BSG          | Jg | Strecke | Zeit    | Schnitt | Anzahl |
|-------|-----|------|--------------|------------|--------------|----|---------|---------|---------|--------|
| 211   | m   | 700  | Melde,       | Christian  | ERGOsports   | 69 | 7100    | 0:43:50 | 0:06:10 | 1      |
| 212   | m   | 432  | Goergens,    | Michael    | Laufladen    | 55 | 7100    | 0:44:06 | 0:06:13 | 1      |
| 213   | w   | 38   | Schlieter,   | Kathrin    | Commerzbank  | 71 | 7100    | 0:44:17 | 0:06:14 | 1      |
| 214   | w   | 30   | Pahl,        | Svea       | CLD HH       | 2  | 7100    | 0:44:38 | 0:06:17 | 1      |
| 215   | w   | 1040 | Linsmeier,   | Friederike | Polizei HH   | 88 | 7100    | 0:44:45 | 0:06:18 | 1      |
| 216   | m   | 691  | Beyer,       | Jürgen     | EDEKA        | 61 | 7100    | 0:44:52 | 0:06:19 | 1      |
| 217   | w   | 270  | Steinhaus,   | Daniela    | Alto-Nabe    | 83 | 7100    | 0:45:05 | 0:06:21 | 1      |
| 218   | w   | 389  | Zöllner,     | Tina       | Energie SV   | 77 | 7100    | 0:45:26 | 0:06:24 | 1      |
| 219   | m   | 350  | Kafke,       | Norbert    | BBK          | 60 | 7100    | 0:45:45 | 0:06:27 | 1      |
| 220   | m   | 466  | Beckmann,    | Gerd       | HypoVerein   | 64 | 7100    | 0:46:01 | 0:06:29 | 1      |
| 221   | w   | 735  | Cordes,      | Natalie    | Montblanc    | 76 | 7100    | 0:46:03 | 0:06:29 | 1      |
| 222   | w   | 772  | Stark,       | Anja       | Berenberg    | 78 | 7100    | 0:46:06 | 0:06:30 | 1      |
| 223   | w   | 190  | Reimers,     | Wiebke     | Gaden        | 65 | 7100    | 0:46:17 | 0:06:31 | 1      |
| 224   | m   | 445  | Diezel,      | Günter     | Haspa        | 54 | 7100    | 0:46:22 | 0:06:32 | 1      |
| 225   | m   | 232  | Meyer,       | Peter      | Postbank-H   | 47 | 7100    | 0:46:32 | 0:06:33 | 1      |
| 226   | m   | 747  | Hofsommer,   | Steffen    | Siemens      | 72 | 7100    | 0:46:56 | 0:06:37 | 1      |
| 227   | m   | 1043 | Döhring,     | Marc       | Funkgruppe   | 67 | 7100    | 0:47:16 | 0:06:39 | 1      |
| 228   | m   | 571  | Thalheim,    | Thomas     | Runn Green   | 56 | 7100    | 0:47:42 | 0:06:43 | 1      |
| 229   | m   | 457  | Schnabel,    | Harald     | HapagLloyd   | 53 | 7100    | 0:48:12 | 0:06:47 | 1      |
| 230   | m   | 862  | Dockhorn,    | Marc       | Commerzbank  | 71 | 7100    | 0:48:17 | 0:06:48 | 1      |
| 231   | w   | 532  | Hagemeister, | Julia      | nexinsure    | 76 | 7100    | 0:48:17 | 0:06:48 | 1      |
| 232   | w   | 378  | Meier,       | Tanja      | ELBE-Sport   | 70 | 7100    | 0:48:44 | 0:06:52 | 1      |
| 233   | w   | 963  | Majda,       | Izabella   | Funkgruppe   | 82 | 7100    | 0:48:48 | 0:06:52 | 1      |
| 234   | m   | 530  | Steenfatt,   | Hans-Joerg | Montblanc    | 64 | 7100    | 0:48:56 | 0:06:54 | 1      |
| 235   | m   | 491  | Hampel,      | Michael    | Funkgruppe   | 74 | 7100    | 0:49:33 | 0:06:59 | 1      |
| 236   | m   | 615  | Rohde,       | Kurt       | Signal Iduna | 49 | 7100    | 0:50:53 | 0:07:10 | 1      |
| 237   | w   | 868  | Seise,       | Anja       | ERGOsports   | 81 | 7100    | 0:50:59 | 0:07:11 | 1      |
| 238   | w   | 241  | Wendt,       | Mareike    | Stern        | 69 | 7100    | 0:51:08 | 0:07:12 | 1      |
| 239   | w   | 442  | Bornemann,   | Viola      | Haspa        | 69 | 7100    | 0:51:29 | 0:07:15 | 1      |
| 240   | w   | 525  | Fischer,     | Sabine     | Montblanc    | 65 | 7100    | 0:52:53 | 0:07:27 | 1      |



| Platz | m/w | StNr | Name           | Vorname   | BSG             | Jg | Strecke | Zeit    | Schnitt | Anzahl |
|-------|-----|------|----------------|-----------|-----------------|----|---------|---------|---------|--------|
| 241   | m   | 1027 | Hollander,     | Karsten   | Hamburg Running | 85 | 3600    | 0:14:37 | 0:04:04 | 1      |
| 242   | m   | 871  | Winter,        | Christian | ERGOsports      | 81 | 3600    | 0:14:54 | 0:04:08 | 1      |
| 243   | m   | 192  | Wams,          | Martin    | Gaden           | 65 | 3600    | 0:15:24 | 0:04:17 | 1      |
| 244   | m   | 634  | Kupper,        | Frank     | TÜV-Nord        | 64 | 3600    | 0:16:35 | 0:04:36 | 1      |
| 245   | m   | 392  | Becker,        | Dietmar   | ERGOsports      | 59 | 3600    | 0:16:46 | 0:04:39 | 1      |
| 246   | m   | 78   | Reese,         | Johann    | Gasnetz HH      | 6  | 3600    | 0:16:49 | 0:04:40 | 1      |
| 247   | m   | 400  | Tramp,         | Tobias    | ERGOsports      | 93 | 3600    | 0:16:57 | 0:04:42 | 1      |
| 248   | m   | 390  | Banck,         | Sönke     | ERGOsports      | 67 | 3600    | 0:17:17 | 0:04:48 | 1      |
| 249   | w   | 907  | Liebler,       | Katja     | Polizei HH      | 73 | 3600    | 0:17:26 | 0:04:51 | 1      |
| 250   | m   | 655  | Hegemann,      | Bernd     | G+J             | 68 | 3600    | 0:17:36 | 0:04:53 | 1      |
| 251   | w   | 226  | Fahnenbruck,   | Nele      | Polizei HH      | 82 | 3600    | 0:17:43 | 0:04:55 | 1      |
| 252   | m   | 760  | Langsdorf,     | Timo      | Gasnetz HH      | 99 | 3600    | 0:17:51 | 0:04:58 | 1      |
| 253   | w   | 259  | Becker,        | Barbara   | Rot Gelb        | 71 | 3600    | 0:18:02 | 0:05:01 | 1      |
| 254   | m   | 336  | Buchmann,      | Bendix    | AK Nord         | 7  | 3600    | 0:18:33 | 0:05:09 | 1      |
| 255   | m   | 563  | Spijker,       | Andreas   | Polizei HH      | 61 | 3600    | 0:18:36 | 0:05:10 | 1      |
| 256   | m   | 340  | Gehle,         | Friedhelm | BA-Eimsb.       | 56 | 3600    | 0:18:47 | 0:05:13 | 1      |
| 257   | m   | 440  | Altrock,       | Andreas   | Haspa           | 67 | 3600    | 0:19:06 | 0:05:18 | 1      |
| 258   | w   | 889  | Guenzi,        | Elena     | HapagLloyd      | 80 | 3600    | 0:19:19 | 0:05:22 | 1      |
| 259   | m   | 508  | Niemann,       | Erik      | FA HH           | 1  | 3600    | 0:19:20 | 0:05:22 | 1      |
| 260   | m   | 70   | Kozieras,      | Norbert   | ERGOsports      | 50 | 3600    | 0:19:21 | 0:05:22 | 1      |
| 261   | m   | 408  | Zielinski,     | Dennis    | Polizei HH      | 92 | 3600    | 0:19:34 | 0:05:26 | 1      |
| 262   | w   | 576  | Nachtigäller,  | Iris      | G+J             | 77 | 3600    | 0:19:54 | 0:05:32 | 1      |
| 263   | w   | 763  | Chery,         | Jennyfer  | Airbus          | 82 | 3600    | 0:20:19 | 0:05:39 | 1      |
| 264   | w   | 76   | Reese,         | Finja     | Gasnetz HH      | 4  | 3600    | 0:20:20 | 0:05:39 | 1      |
| 265   | m   | 66   | Kayser,        | Oliver    | Energie SV      | 75 | 3600    | 0:20:21 | 0:05:39 | 1      |
| 266   | m   | 915  | Philippi-Laur, | Martin    | Signal Iduna    | 68 | 3600    | 0:20:56 | 0:05:49 | 1      |
| 267   | w   | 243  | Balzer,        | Maren     | Zoll            | 67 | 3600    | 0:20:56 | 0:05:49 | 1      |
| 268   | m   | 79   | Reese,         | Lars      | Gasnetz HH      | 70 | 3600    | 0:21:12 | 0:05:53 | 1      |
| 269   | w   | 77   | Reese,         | Irina     | Gasnetz HH      | 72 | 3600    | 0:21:27 | 0:05:57 | 1      |
| 270   | m   | 382  | Gessert,       | Frank     | Energie SV      | 59 | 3600    | 0:21:34 | 0:05:59 | 1      |

| Platz | m/w | StNr | Name           | Vorname      | BSG          | Jg | Strecke | Zeit    | Schnitt | Anzahl |
|-------|-----|------|----------------|--------------|--------------|----|---------|---------|---------|--------|
| 271   | m   | 348  | Lewerenz,      | Max          | CLD HH       | 99 | 3600    | 0:21:36 | 0:06:00 | 1      |
| 272   | m   | 574  | Becker,        | Michael      | G+J          | 72 | 3600    | 0:21:43 | 0:06:02 | 1      |
| 273   | m   | 616  | Scharf,        | Dietmar      | Signal Iduna | 68 | 3600    | 0:21:44 | 0:06:02 | 1      |
| 274   | w   | 940  | Plambeck,      | Monika       | BBK          | 73 | 3600    | 0:21:46 | 0:06:03 | 1      |
| 275   | m   | 775  | Eis,           | Walter       | DESY         | 56 | 3600    | 0:22:02 | 0:06:07 | 1      |
| 276   | w   | 694  | Frey,          | Lena         | ELBE-Sport   | 89 | 3600    | 0:22:08 | 0:06:09 | 1      |
| 277   | m   | 624  | Gliewe,        | Volker       | Tchibo       | 52 | 3600    | 0:22:18 | 0:06:12 | 1      |
| 278   | w   | 485  | Schlawinsky,   | Laura        | Knossos.de   | 90 | 3600    | 0:22:19 | 0:06:12 | 1      |
| 279   | m   | 397  | Krause,        | Reinhard     | ERGOsports   | 44 | 3600    | 0:22:20 | 0:06:12 | 1      |
| 280   | w   | 607  | Lehmer,        | Nicole       | Signal Iduna | 76 | 3600    | 0:22:31 | 0:06:15 | 1      |
| 281   | m   | 1032 | Wulff,         | Helmut       | HPA          | 60 | 3600    | 0:22:54 | 0:06:22 | 1      |
| 282   | m   | 63   | Kühl,          | Bernd        | ELBE-Sport   | 46 | 3600    | 0:23:13 | 0:06:27 | 1      |
| 283   | w   | 575  | Bühler-Becker, | Heidi        | G+J          | 61 | 3600    | 0:23:16 | 0:06:28 | 1      |
| 284   | m   | 584  | Bödeker,       | Heinz        | Siemens      | 47 | 3600    | 0:23:22 | 0:06:29 | 1      |
| 285   | m   | 386  | Siemens,       | Claus-Peter  | Energie SV   | 58 | 3600    | 0:23:26 | 0:06:31 | 1      |
| 286   | w   | 681  | Bock,          | Andrea       | BBK          | 75 | 3600    | 0:23:34 | 0:06:33 | 1      |
| 287   | m   | 351  | Brüggeman,     | Ralf         | Commerzbank  | 53 | 3600    | 0:23:46 | 0:06:36 | 1      |
| 288   | m   | 322  | Möller,        | Thomas       | Airbus       | 63 | 3600    | 0:23:55 | 0:06:39 | 1      |
| 289   | m   | 464  | Münster,       | Reinhold     | HEK          | 42 | 3600    | 0:24:07 | 0:06:42 | 1      |
| 290   | m   | 195  | Majcherek,     | Ronald       | FA HH        | 59 | 3600    | 0:24:09 | 0:06:42 | 1      |
| 291   | w   | 231  | Zuncke,        | Sonja        | Polizei HH   | 66 | 3600    | 0:24:25 | 0:06:47 | 1      |
| 292   | m   | 52   | Rowedder,      | Frank        | Deut.Bank    | 66 | 3600    | 0:24:42 | 0:06:52 | 1      |
| 293   | w   | 454  | Gerloff,       | Anne-Mareike | HapagLloyd   | 83 | 3600    | 0:24:42 | 0:06:52 | 1      |
| 294   | w   | 399  | Stahlbock,     | Astrid       | ERGOsports   | 59 | 3600    | 0:24:55 | 0:06:55 | 1      |
| 295   | w   | 359  | Steinfeld,     | Ivonne       | Dataport     | 80 | 3600    | 0:25:05 | 0:06:58 | 1      |
| 296   | m   | 890  | Ahrens,        | Ingo         | HEK          | 68 | 3600    | 0:25:17 | 0:07:01 | 1      |
| 297   | w   | 719  | Strauchmann,   | Maraïke      | HEK          | 81 | 3600    | 0:25:17 | 0:07:01 | 1      |
| 298   | w   | 534  | Hagemann,      | Anna         | NDR          | 47 | 3600    | 0:25:31 | 0:07:05 | 1      |
| 299   | m   | 962  | Steuernagel,   | Curt         | Krüss-OSH    | 56 | 3600    | 0:25:34 | 0:07:06 | 1      |
| 300   | w   | 943  | Hübener,       | Hannelore    | ERGOsports   | 61 | 3600    | 0:26:40 | 0:07:24 | 1      |

| Platz | m/w | StNr | Name       | Vorname     | BSG         | Jg | Strecke | Zeit    | Schnitt | Anzahl |
|-------|-----|------|------------|-------------|-------------|----|---------|---------|---------|--------|
| 301   | m   | 256  | Ganschow,  | Sven Robert | SRHH        | 62 | 3600    | 0:26:57 | 0:07:29 | 1      |
| 302   | w   | 558  | Engelmann, | Heike       | Polizei HH  | 71 | 3600    | 0:27:06 | 0:07:32 | 1      |
| 303   | m   | 323  | Nigmann,   | Michael     | Airbus      | 53 | 3600    | 0:27:11 | 0:07:33 | 1      |
| 304   | m   | 39   | Schröder,  | Günter      | Commerzbank | 47 | 3600    | 0:28:52 | 0:08:01 | 1      |
| 305   | m   | 509  | Papendorf, | Knut        | FA HH       | 46 | 3600    | 0:29:01 | 0:08:04 | 1      |
| 306   | w   | 776  | Bartels,   | Petra       | Deut.Bank   | 53 | 3600    | 0:30:08 | 0:08:22 | 1      |
| 307   | m   | 197  | Uhl,       | Manfred     | Lufthansa   | 39 | 3600    | 0:33:32 | 0:09:19 | 1      |
| 308   | w   | 171  | McGovern,  | Roberta     | HapagLloyd  | 75 | 3600    | 0:34:57 | 0:09:43 | 1      |
| 309   | w   | 456  | Schäller,  | Lisa        | HapagLloyd  | 93 | 3600    | 0:35:16 | 0:09:48 | 1      |
| 310   | w   | 218  | Orlowski,  | Elke        | PHILIPS     | 41 | 3600    | 0:41:05 | 0:11:25 | 1      |

| Platz | m/w | StNr | Name            | Vorname       | BSG        | Jg | Strecke | Zeit    | Schnitt | Anzahl |
|-------|-----|------|-----------------|---------------|------------|----|---------|---------|---------|--------|
| 1     | w   | 567  | Hielscher,      | Marie         | Runn Green | 84 | 21300   | 1:30:49 | 0:04:16 | 3      |
| 2     | w   | 313  | Brockmann,      | Christina     | Airbus     | 84 | 21300   | 1:36:14 | 0:04:31 | 3      |
| 3     | w   | 183  | Goebel,         | Sonia Isabel  | Knossos.de | 90 | 21300   | 1:47:47 | 0:05:04 | 3      |
| 4     | w   | 477  | Voß,            | Katharina     | K&M Sport  | 83 | 21300   | 1:51:21 | 0:05:14 | 3      |
| 5     | w   | 72   | Schmidt,        | Karen         | ERGOsports | 86 | 21300   | 2:02:01 | 0:05:44 | 3      |
| 6     | w   | 164  | Hoeft,          | Gesine        | Laufladen  | 52 | 21300   | 2:03:27 | 0:05:48 | 3      |
| 7     | w   | 570  | Köhler,         | Beatrix       | Runn Green | 67 | 21300   | 2:04:17 | 0:05:50 | 3      |
| 8     | w   | 316  | Garbers,        | Catharina     | Airbus     | 81 | 21300   | 2:04:57 | 0:05:52 | 3      |
| 9     | w   | 1030 | Schumacher,     | Gabi          | Gast       | 71 | 21300   | 2:10:10 | 0:06:07 | 3      |
| 10    | w   | 444  | Courtault,      | Britta        | Haspa      | 66 | 21300   | 2:12:27 | 0:06:13 | 3      |
| 11    | w   | 455  | Sagert,         | Erika         | HapagLloyd | 52 | 21300   | 2:14:50 | 0:06:20 | 3      |
| 12    | w   | 496  | Kersten,        | Ines          | Laufwerk   | 62 | 21300   | 2:28:09 | 0:06:57 | 3      |
| 13    | w   | 328  | Schultz,        | Eva           | Airbus     | 84 | 10700   | 0:50:34 | 0:04:44 | 2      |
| 14    | w   | 556  | Matzke,         | Svenja        | PHILIPS    | 78 | 10700   | 0:58:12 | 0:05:26 | 2      |
| 15    | w   | 337  | Buchmann,       | Sigrid        | AK Nord    | 68 | 10700   | 0:59:13 | 0:05:32 | 2      |
| 16    | w   | 368  | Pohl,           | Katja         | DZ HYP     | 69 | 10700   | 1:06:09 | 0:06:11 | 2      |
| 17    | w   | 198  | Perez-Platz,    | Ursula        | Marien-Krh | 66 | 10700   | 1:20:50 | 0:07:33 | 2      |
| 18    | w   | 711  | Bruns,          | Miriam        | Laufladen  | 83 | 10600   | 0:48:50 | 0:04:36 | 1      |
| 19    | w   | 405  | Westphal,       | Luise         | Gasnetz HH | 85 | 10600   | 0:53:23 | 0:05:02 | 1      |
| 20    | w   | 14   | Masing,         | Alexandra     | Airbus     | 99 | 10600   | 0:53:31 | 0:05:03 | 1      |
| 21    | w   | 675  | Meyer,          | Lisa-Christin | Airbus     | 99 | 10600   | 0:53:50 | 0:05:05 | 1      |
| 22    | w   | 177  | Wolf,           | Simone        | HapagLloyd | 89 | 10600   | 0:53:58 | 0:05:05 | 1      |
| 23    | w   | 433  | Kaßen,          | Dortje        | Laufladen  | 73 | 10600   | 0:54:25 | 0:05:08 | 1      |
| 24    | w   | 896  | Willamowski,    | Claudia       | Laufwerk   | 67 | 10600   | 0:54:28 | 0:05:08 | 1      |
| 25    | w   | 8    | Werner,         | Kristina      | Krüss-OSH  | 82 | 10600   | 0:55:26 | 0:05:14 | 1      |
| 26    | w   | 730  | Lüders,         | Kerstin       | Gaden      | 63 | 10600   | 0:56:36 | 0:05:20 | 1      |
| 27    | w   | 223  | Baron,          | Franziska     | Polizei HH | 80 | 10600   | 0:57:25 | 0:05:25 | 1      |
| 28    | w   | 429  | Dittmer,        | Friederike    | Laufladen  | 83 | 10600   | 0:58:00 | 0:05:28 | 1      |
| 29    | w   | 820  | Maaß,           | Lina          | Knossos.de | 85 | 10600   | 0:58:42 | 0:05:32 | 1      |
| 30    | w   | 310  | Schmidt-Berbatc | Julia         | Krüss-OSH  | 79 | 10600   | 0:59:05 | 0:05:34 | 1      |

| Platz | m/w | StNr | Name          | Vorname        | BSG          | Jg | Strecke | Zeit    | Schnitt | Anzahl |
|-------|-----|------|---------------|----------------|--------------|----|---------|---------|---------|--------|
| 31    | w   | 460  | Wolf,         | Corinna        | HapagLloyd   | 89 | 10600   | 1:00:36 | 0:05:43 | 1      |
| 32    | w   | 716  | Bade,         | Kim-Kristin    | HapagLloyd   | 92 | 10600   | 1:00:47 | 0:05:44 | 1      |
| 33    | w   | 497  | Krispin,      | Marion         | Laufwerk     | 73 | 10600   | 1:01:24 | 0:05:48 | 1      |
| 34    | w   | 395  | Fönschau,     | Silke          | ERGOsports   | 62 | 10600   | 1:01:49 | 0:05:50 | 1      |
| 35    | w   | 363  | Keim,         | Gesche         | Deut.Bank    | 66 | 10600   | 1:02:47 | 0:05:55 | 1      |
| 36    | w   | 71   | Luderer,      | Britt          | ERGOsports   | 70 | 10600   | 1:02:50 | 0:05:56 | 1      |
| 37    | w   | 470  | Sauer,        | Antje          | HypoVerein   | 67 | 10600   | 1:03:01 | 0:05:57 | 1      |
| 38    | w   | 3    | Lehmann,      | Sandra         | Krüss-OSH    | 87 | 10600   | 1:05:57 | 0:06:13 | 1      |
| 39    | w   | 357  | Stübner,      | Sarah-Christin | Commerzbank  | 83 | 10600   | 1:06:20 | 0:06:15 | 1      |
| 40    | w   | 346  | Kollemann,    | Sabine         | CLD HH       | 64 | 10600   | 1:09:27 | 0:06:33 | 1      |
| 41    | w   | 170  | Suckow,       | Maria          | Haspa        | 68 | 10600   | 1:09:53 | 0:06:36 | 1      |
| 42    | w   | 229  | Marthiens,    | Ute            | Polizei HH   | 52 | 10600   | 1:10:04 | 0:06:37 | 1      |
| 43    | w   | 413  | Lohstroh,     | Ellen          | HPA          | 57 | 10600   | 1:12:01 | 0:06:48 | 1      |
| 44    | w   | 423  | Jordan,       | Angelika       | HHLA         | 57 | 10600   | 1:23:45 | 0:07:54 | 1      |
| 45    | w   | 1036 | Otto,         | Berrin         | Laufladen    | 71 | 7100    | 0:34:12 | 0:04:49 | 1      |
| 46    | w   | 526  | Hilgendorf,   | Carmen         | Montblanc    | 84 | 7100    | 0:34:54 | 0:04:55 | 1      |
| 47    | w   | 528  | Pöhler,       | Julia          | Montblanc    | 81 | 7100    | 0:37:41 | 0:05:18 | 1      |
| 48    | w   | 668  | Glöde,        | Jutta          | Lufthansa    | 63 | 7100    | 0:37:49 | 0:05:20 | 1      |
| 49    | w   | 186  | Feldmann,     | Kerstin        | Gaden        | 71 | 7100    | 0:37:57 | 0:05:21 | 1      |
| 50    | w   | 618  | Vollmers,     | Anja           | Signal Iduna | 70 | 7100    | 0:38:31 | 0:05:25 | 1      |
| 51    | w   | 765  | Hallmann,     | Kirsten        | Airbus       | 71 | 7100    | 0:38:56 | 0:05:29 | 1      |
| 52    | w   | 189  | Liebold,      | Kristin        | Gaden        | 0  | 7100    | 0:40:18 | 0:05:41 | 1      |
| 53    | w   | 388  | Tschiltschke, | Solvejg        | Energie SV   | 91 | 7100    | 0:40:27 | 0:05:42 | 1      |
| 54    | w   | 450  | Recht,        | Janette        | Haspa        | 81 | 7100    | 0:41:49 | 0:05:53 | 1      |
| 55    | w   | 513  | Berels,       | Marika         | Lufthansa    | 63 | 7100    | 0:42:07 | 0:05:56 | 1      |
| 56    | w   | 685  | Engelbrecht,  | Martina        | Alto-Nabe    | 64 | 7100    | 0:42:11 | 0:05:56 | 1      |
| 57    | w   | 1023 | Jungnickel,   | Wiebke         | Commerzbank  | 59 | 7100    | 0:43:21 | 0:06:06 | 1      |
| 58    | w   | 38   | Schlieter,    | Kathrin        | Commerzbank  | 71 | 7100    | 0:44:17 | 0:06:14 | 1      |
| 59    | w   | 30   | Pahl,         | Svea           | CLD HH       | 2  | 7100    | 0:44:38 | 0:06:17 | 1      |
| 60    | w   | 1040 | Linsmeier,    | Friederike     | Polizei HH   | 88 | 7100    | 0:44:45 | 0:06:18 | 1      |

| Platz | m/w | StNr | Name           | Vorname      | BSG          | Jg | Strecke | Zeit    | Schnitt | Anzahl |
|-------|-----|------|----------------|--------------|--------------|----|---------|---------|---------|--------|
| 61    | w   | 270  | Steinhaus,     | Daniela      | Alto-Nabe    | 83 | 7100    | 0:45:05 | 0:06:21 | 1      |
| 62    | w   | 389  | Zöllner,       | Tina         | Energie SV   | 77 | 7100    | 0:45:26 | 0:06:24 | 1      |
| 63    | w   | 735  | Cordes,        | Natalie      | Montblanc    | 76 | 7100    | 0:46:03 | 0:06:29 | 1      |
| 64    | w   | 772  | Stark,         | Anja         | Berenberg    | 78 | 7100    | 0:46:06 | 0:06:30 | 1      |
| 65    | w   | 190  | Reimers,       | Wiebke       | Gaden        | 65 | 7100    | 0:46:17 | 0:06:31 | 1      |
| 66    | w   | 532  | Hagemeister,   | Julia        | nexinsure    | 76 | 7100    | 0:48:17 | 0:06:48 | 1      |
| 67    | w   | 378  | Meier,         | Tanja        | ELBE-Sport   | 70 | 7100    | 0:48:44 | 0:06:52 | 1      |
| 68    | w   | 963  | Majda,         | Izabella     | Funkgruppe   | 82 | 7100    | 0:48:48 | 0:06:52 | 1      |
| 69    | w   | 868  | Seise,         | Anja         | ERGOsports   | 81 | 7100    | 0:50:59 | 0:07:11 | 1      |
| 70    | w   | 241  | Wendt,         | Mareike      | Stern        | 69 | 7100    | 0:51:08 | 0:07:12 | 1      |
| 71    | w   | 442  | Bornemann,     | Viola        | Haspa        | 69 | 7100    | 0:51:29 | 0:07:15 | 1      |
| 72    | w   | 525  | Fischer,       | Sabine       | Montblanc    | 65 | 7100    | 0:52:53 | 0:07:27 | 1      |
| 73    | w   | 907  | Liebler,       | Katja        | Polizei HH   | 73 | 3600    | 0:17:26 | 0:04:51 | 1      |
| 74    | w   | 226  | Fahnenbruck,   | Nele         | Polizei HH   | 82 | 3600    | 0:17:43 | 0:04:55 | 1      |
| 75    | w   | 259  | Becker,        | Barbara      | Rot Gelb     | 71 | 3600    | 0:18:02 | 0:05:01 | 1      |
| 76    | w   | 889  | Guenzi,        | Elena        | HapagLloyd   | 80 | 3600    | 0:19:19 | 0:05:22 | 1      |
| 77    | w   | 576  | Nachtigäller,  | Iris         | G+J          | 77 | 3600    | 0:19:54 | 0:05:32 | 1      |
| 78    | w   | 763  | Chery,         | Jennyfer     | Airbus       | 82 | 3600    | 0:20:19 | 0:05:39 | 1      |
| 79    | w   | 76   | Reese,         | Finja        | Gasnetz HH   | 4  | 3600    | 0:20:20 | 0:05:39 | 1      |
| 80    | w   | 243  | Balzer,        | Maren        | Zoll         | 67 | 3600    | 0:20:56 | 0:05:49 | 1      |
| 81    | w   | 77   | Reese,         | Irina        | Gasnetz HH   | 72 | 3600    | 0:21:27 | 0:05:57 | 1      |
| 82    | w   | 940  | Plambeck,      | Monika       | BBK          | 73 | 3600    | 0:21:46 | 0:06:03 | 1      |
| 83    | w   | 694  | Frey,          | Lena         | ELBE-Sport   | 89 | 3600    | 0:22:08 | 0:06:09 | 1      |
| 84    | w   | 485  | Schlawinsky,   | Laura        | Knossos.de   | 90 | 3600    | 0:22:19 | 0:06:12 | 1      |
| 85    | w   | 607  | Lehmer,        | Nicole       | Signal Iduna | 76 | 3600    | 0:22:31 | 0:06:15 | 1      |
| 86    | w   | 575  | Bühler-Becker, | Heidi        | G+J          | 61 | 3600    | 0:23:16 | 0:06:28 | 1      |
| 87    | w   | 681  | Bock,          | Andrea       | BBK          | 75 | 3600    | 0:23:34 | 0:06:33 | 1      |
| 88    | w   | 231  | Zuncke,        | Sonja        | Polizei HH   | 66 | 3600    | 0:24:25 | 0:06:47 | 1      |
| 89    | w   | 454  | Gerloff,       | Anne-Mareike | HapagLloyd   | 83 | 3600    | 0:24:42 | 0:06:52 | 1      |
| 90    | w   | 399  | Stahlbock,     | Astrid       | ERGOsports   | 59 | 3600    | 0:24:55 | 0:06:55 | 1      |

| Platz | m/w | StNr | Name         | Vorname   | BSG        | Jg | Strecke | Zeit    | Schnitt | Anzahl |
|-------|-----|------|--------------|-----------|------------|----|---------|---------|---------|--------|
| 91    | w   | 359  | Steinfeld,   | Ivonne    | Dataport   | 80 | 3600    | 0:25:05 | 0:06:58 | 1      |
| 92    | w   | 719  | Strauchmann, | Maraike   | HEK        | 81 | 3600    | 0:25:17 | 0:07:01 | 1      |
| 93    | w   | 534  | Hagemann,    | Anna      | NDR        | 47 | 3600    | 0:25:31 | 0:07:05 | 1      |
| 94    | w   | 943  | Hübener,     | Hannelore | ERGOsports | 61 | 3600    | 0:26:40 | 0:07:24 | 1      |
| 95    | w   | 558  | Engelmann,   | Heike     | Polizei HH | 71 | 3600    | 0:27:06 | 0:07:32 | 1      |
| 96    | w   | 776  | Bartels,     | Petra     | Deut.Bank  | 53 | 3600    | 0:30:08 | 0:08:22 | 1      |
| 97    | w   | 171  | McGovern,    | Roberta   | HapagLloyd | 75 | 3600    | 0:34:57 | 0:09:43 | 1      |
| 98    | w   | 456  | Schäller,    | Lisa      | HapagLloyd | 93 | 3600    | 0:35:16 | 0:09:48 | 1      |
| 99    | w   | 218  | Orlowski,    | Elke      | PHILIPS    | 41 | 3600    | 0:41:05 | 0:11:25 | 1      |

| Platz | m/w | StNr | Name        | Vorname      | BSG          | Jg | Strecke | Zeit    | Schnitt | Anzahl |
|-------|-----|------|-------------|--------------|--------------|----|---------|---------|---------|--------|
| 1     | m   | 564  | Gresens,    | Jan          | Runn Green   | 75 | 21300   | 1:29:43 | 0:04:13 | 3      |
| 2     | m   | 16   | Krastev,    | Ulli         | BACARDI      | 69 | 21300   | 1:30:52 | 0:04:16 | 3      |
| 3     | m   | 318  | Jansen,     | Thies        | Airbus       | 71 | 21300   | 1:33:40 | 0:04:24 | 3      |
| 4     | m   | 507  | Neumann,    | Uwe          | FA HH        | 73 | 21300   | 1:35:17 | 0:04:28 | 3      |
| 5     | m   | 176  | Wilde,      | Tim          | HapagLloyd   | 85 | 21300   | 1:36:26 | 0:04:32 | 3      |
| 6     | m   | 569  | Kleinwort,  | Markus       | Runn Green   | 73 | 21300   | 1:44:04 | 0:04:53 | 3      |
| 7     | m   | 580  | Lambracht,  | Gerald       | Stern        | 70 | 21300   | 1:45:38 | 0:04:58 | 3      |
| 8     | m   | 1025 | Behrens,    | Steffen      | Gast         | 79 | 21300   | 1:50:19 | 0:05:11 | 3      |
| 9     | m   | 55   | Meyer-Reim, | Utz          | DZ HYP       | 61 | 21300   | 1:54:24 | 0:05:22 | 3      |
| 10    | m   | 1026 | Hardes,     | Christoph    | Gast         | 73 | 21300   | 1:55:34 | 0:05:26 | 3      |
| 11    | m   | 261  | Petsch,     | Wolfgang     | Signal Iduna | 60 | 21300   | 1:57:23 | 0:05:31 | 3      |
| 12    | m   | 174  | Schubert,   | Ralph        | HapagLloyd   | 73 | 21300   | 1:57:39 | 0:05:31 | 3      |
| 13    | m   | 969  | Eren,       | Levent       | Stern        | 76 | 21300   | 1:57:42 | 0:05:32 | 3      |
| 14    | m   | 169  | Scholz,     | Christian    | Haspa        | 82 | 21300   | 1:58:18 | 0:05:33 | 3      |
| 15    | m   | 546  | Becker,     | Jens-Gerrit  | OTTO         | 62 | 21300   | 2:00:02 | 0:05:38 | 3      |
| 16    | m   | 327  | Schmidt,    | Gunter       | Airbus       | 61 | 21300   | 2:00:46 | 0:05:40 | 3      |
| 17    | m   | 420  | Meyer,      | Mario        | HW           | 63 | 21300   | 2:01:18 | 0:05:42 | 3      |
| 18    | m   | 550  | Reuer,      | Hans-Henning | OTTO         | 67 | 21300   | 2:03:11 | 0:05:47 | 3      |
| 19    | m   | 221  | Stäcker,    | Frank        | PHILIPS      | 64 | 21300   | 2:05:59 | 0:05:55 | 3      |
| 20    | m   | 552  | Bramer,     | Marco        | PHILIPS      | 82 | 21300   | 2:06:19 | 0:05:56 | 3      |
| 21    | m   | 235  | Braeuer,    | Karsten      | Stern        | 72 | 21300   | 2:07:18 | 0:05:59 | 3      |
| 22    | m   | 443  | Breier,     | Thomas       | Haspa        | 67 | 21300   | 2:12:51 | 0:06:14 | 3      |
| 23    | m   | 161  | Tilch,      | Peter        | HPA          | 55 | 21300   | 2:17:16 | 0:06:27 | 3      |
| 24    | m   | 766  | Lucke,      | Marcus       | Airbus       | 65 | 17700   | 1:39:41 | 0:05:38 | 2      |
| 25    | m   | 312  | Brockmann,  | Achim        | Airbus       | 80 | 17700   | 1:52:59 | 0:06:23 | 2      |
| 26    | m   | 553  | Dreise,     | Gösta        | PHILIPS      | 68 | 17700   | 2:02:53 | 0:06:57 | 2      |
| 27    | m   | 858  | Richter,    | Jörg         | Airbus       | 63 | 14200   | 1:21:26 | 0:05:44 | 2      |
| 28    | m   | 330  | Trümper,    | Michael      | Airbus       | 66 | 14200   | 1:22:00 | 0:05:46 | 2      |
| 29    | m   | 568  | Huhn,       | Philipp      | Runn Green   | 88 | 10700   | 0:43:52 | 0:04:06 | 2      |
| 30    | m   | 555  | Matzke,     | Herwig       | PHILIPS      | 72 | 10700   | 0:46:08 | 0:04:19 | 2      |



| Platz | m/w | StNr | Name         | Vorname    | BSG             | Jg | Strecke | Zeit    | Schnitt | Anzahl |
|-------|-----|------|--------------|------------|-----------------|----|---------|---------|---------|--------|
| 31    | m   | 184  | Oswald,      | Mathias    | Knossos.de      | 78 | 10700   | 0:50:24 | 0:04:43 | 2      |
| 32    | m   | 999  | Reschke,     | Mark       | HPA             | 72 | 10700   | 0:51:48 | 0:04:50 | 2      |
| 33    | m   | 242  | Balzer,      | Klaus      | Zoll            | 69 | 10700   | 0:53:22 | 0:04:59 | 2      |
| 34    | m   | 726  | Hausmann,    | Malte      | Knossos.de      | 84 | 10700   | 0:55:12 | 0:05:10 | 2      |
| 35    | m   | 757  | Lemm,        | Ronald     | Marien-Krh      | 56 | 10700   | 0:56:32 | 0:05:17 | 2      |
| 36    | m   | 375  | Eybächer,    | Michael    | ELBE-Sport      | 43 | 10700   | 1:33:01 | 0:08:42 | 2      |
| 37    | m   | 922  | Liebrich,    | Johannes   | Uni Bw          | 94 | 10600   | 0:41:35 | 0:03:55 | 1      |
| 38    | m   | 493  | Dieckmann,   | Lukas      | Laufwerk        | 85 | 10600   | 0:41:49 | 0:03:57 | 1      |
| 39    | m   | 500  | Schlag,      | Marcel     | Laufwerk        | 87 | 10600   | 0:43:12 | 0:04:05 | 1      |
| 40    | m   | 501  | Thiessen,    | Mathias    | Laufwerk        | 80 | 10600   | 0:44:15 | 0:04:10 | 1      |
| 41    | m   | 436  | Merklinger,  | Sergej     | Laufladen       | 79 | 10600   | 0:44:33 | 0:04:12 | 1      |
| 42    | m   | 713  | Jennrich,    | Nils       | Laufladen       | 80 | 10600   | 0:44:33 | 0:04:12 | 1      |
| 43    | m   | 325  | Rohlf,       | Torben     | Airbus          | 77 | 10600   | 0:45:31 | 0:04:18 | 1      |
| 44    | m   | 334  | Jaekel,      | Carsten    | AlbeDiakon      | 70 | 10600   | 0:45:53 | 0:04:20 | 1      |
| 45    | m   | 834  | Warneck,     | Marco      | NDR             | 78 | 10600   | 0:46:22 | 0:04:22 | 1      |
| 46    | m   | 1021 | Hildebrandt, | Maximilian | BBK             | 94 | 10600   | 0:46:28 | 0:04:23 | 1      |
| 47    | m   | 843  | Fink,        | Patrick    | Allianz         | 79 | 10600   | 0:46:58 | 0:04:26 | 1      |
| 48    | m   | 1029 | Schäning,    | Johann     | Gast            | 96 | 10600   | 0:47:23 | 0:04:28 | 1      |
| 49    | m   | 630  | Stephan,     | Achim      | wellnuss.de     | 76 | 10600   | 0:47:31 | 0:04:29 | 1      |
| 50    | m   | 866  | Höhne,       | David      | Energie SV      | 83 | 10600   | 0:47:57 | 0:04:31 | 1      |
| 51    | m   | 49   | Jaekel,      | Christoph  | DESY            | 73 | 10600   | 0:47:59 | 0:04:32 | 1      |
| 52    | m   | 965  | Meise,       | Helge      | Laufwerk        | 64 | 10600   | 0:48:31 | 0:04:35 | 1      |
| 53    | m   | 1028 | Mattstedt,   | Daniel     | Gasnetz Hamburg | 82 | 10600   | 0:48:33 | 0:04:35 | 1      |
| 54    | m   | 754  | Bietke,      | Dirk       | TÜV-Nord        | 71 | 10600   | 0:48:39 | 0:04:35 | 1      |
| 55    | m   | 377  | Meier,       | Ralf       | ELBE-Sport      | 69 | 10600   | 0:48:52 | 0:04:37 | 1      |
| 56    | m   | 898  | Groth,       | Paul       | FA HH           | 70 | 10600   | 0:48:56 | 0:04:37 | 1      |
| 57    | m   | 13   | Kurch,       | Sebastian  | Airbus          | 81 | 10600   | 0:49:23 | 0:04:40 | 1      |
| 58    | m   | 494  | Hasenclever, | Jörg       | Laufwerk        | 77 | 10600   | 0:49:39 | 0:04:41 | 1      |
| 59    | m   | 1018 | Deppe,       | Jan        | Airbus          | 98 | 10600   | 0:50:13 | 0:04:44 | 1      |
| 60    | m   | 931  | Schie, van   | John       | Airbus          | 72 | 10600   | 0:50:48 | 0:04:48 | 1      |

| Platz | m/w | StNr | Name          | Vorname    | BSG          | Jg | Strecke | Zeit    | Schnitt | Anzahl |
|-------|-----|------|---------------|------------|--------------|----|---------|---------|---------|--------|
| 61    | m   | 173  | Schnell,      | Steffen    | HapagLloyd   | 87 | 10600   | 0:52:06 | 0:04:55 | 1      |
| 62    | m   | 710  | Böttcher,     | Dirk       | Laufladen    | 69 | 10600   | 0:52:28 | 0:04:57 | 1      |
| 63    | m   | 205  | Gehn,         | Marcel     | Nordmark     | 94 | 10600   | 0:52:36 | 0:04:58 | 1      |
| 64    | m   | 743  | Hensel,       | Jullian    | PHILIPS      | 85 | 10600   | 0:52:52 | 0:04:59 | 1      |
| 65    | m   | 208  | Winkeler,     | Tobias     | Nordmark     | 88 | 10600   | 0:52:58 | 0:05:00 | 1      |
| 66    | m   | 194  | Hauck,        | Michael    | FA HH        | 75 | 10600   | 0:53:01 | 0:05:00 | 1      |
| 67    | m   | 707  | Scholz,       | Stephan    | HPA          | 70 | 10600   | 0:53:02 | 0:05:00 | 1      |
| 68    | m   | 214  | Bastardo,     | Gustavo    | PHILIPS      | 65 | 10600   | 0:53:39 | 0:05:04 | 1      |
| 69    | m   | 682  | Wenzlaff,     | Borwin     | BBK          | 69 | 10600   | 0:53:51 | 0:05:05 | 1      |
| 70    | m   | 836  | Borchers,     | Mario      | PHILIPS      | 64 | 10600   | 0:54:09 | 0:05:07 | 1      |
| 71    | m   | 865  | Deren,        | Slawomir   | Energie SV   | 82 | 10600   | 0:54:20 | 0:05:08 | 1      |
| 72    | m   | 1022 | Gieschen,     | Johannes   | Commerzbank  | 99 | 10600   | 0:54:22 | 0:05:08 | 1      |
| 73    | m   | 581  | Lever,        | Patrick    | Stern        | 61 | 10600   | 0:54:42 | 0:05:10 | 1      |
| 74    | m   | 32   | Wulff,        | Lars       | CLD HH       | 72 | 10600   | 0:55:01 | 0:05:11 | 1      |
| 75    | m   | 631  | Wietbrauk,    | Malte      | wellnuss.de  | 88 | 10600   | 0:55:13 | 0:05:13 | 1      |
| 76    | m   | 467  | Breitenstein, | Andre      | HypoVerein   | 67 | 10600   | 0:55:37 | 0:05:15 | 1      |
| 77    | m   | 372  | Ruf,          | Martin     | EDEKA        | 85 | 10600   | 0:55:46 | 0:05:16 | 1      |
| 78    | m   | 240  | Twesten,      | Dennis     | Stern        | 83 | 10600   | 0:55:51 | 0:05:16 | 1      |
| 79    | m   | 1035 | Kohlrausch,   | Jan        | Laufladen    | 70 | 10600   | 0:56:18 | 0:05:19 | 1      |
| 80    | m   | 354  | Kasper,       | Thomas     | Commerzbank  | 68 | 10600   | 0:57:03 | 0:05:23 | 1      |
| 81    | m   | 974  | Idel,         | Moritz     | WTM HH       | 91 | 10600   | 0:57:17 | 0:05:24 | 1      |
| 82    | m   | 545  | Schweigert,   | Karl-Heinz | Olympus OSTE | 63 | 10600   | 0:57:29 | 0:05:25 | 1      |
| 83    | m   | 355  | Kwaschny,     | Sebastian  | Commerzbank  | 88 | 10600   | 0:57:30 | 0:05:25 | 1      |
| 84    | m   | 777  | Keim,         | Olaf       | Deut.Bank    | 64 | 10600   | 0:57:33 | 0:05:26 | 1      |
| 85    | m   | 394  | Faust,        | Thomas     | ERGOsports   | 62 | 10600   | 0:57:38 | 0:05:26 | 1      |
| 86    | m   | 475  | Schüßler,     | Lutz       | K&M Sport    | 63 | 10600   | 0:57:40 | 0:05:26 | 1      |
| 87    | m   | 729  | Golembiewski, | Andreas    | Krüss-OSH    | 60 | 10600   | 0:57:43 | 0:05:27 | 1      |
| 88    | m   | 764  | Grimmel,      | Jürgen     | Airbus       | 61 | 10600   | 0:57:43 | 0:05:27 | 1      |
| 89    | m   | 539  | Schulz,       | Thomas     | NDR          | 61 | 10600   | 0:57:47 | 0:05:27 | 1      |
| 90    | m   | 1024 | Hartz,        | Manfred    | DAK          | 63 | 10600   | 0:57:52 | 0:05:28 | 1      |

| Platz | m/w | StNr | Name             | Vorname    | BSG          | Jg | Strecke | Zeit    | Schnitt | Anzahl |
|-------|-----|------|------------------|------------|--------------|----|---------|---------|---------|--------|
| 91    | m   | 69   | Holt,            | Johannes   | ERGOsports   | 84 | 10600   | 0:58:14 | 0:05:30 | 1      |
| 92    | m   | 373  | Sperfeld,        | Dirk       | EDEKA        | 70 | 10600   | 0:58:16 | 0:05:30 | 1      |
| 93    | m   | 12   | Jakobsen,        | Frank      | Airbus       | 66 | 10600   | 0:58:19 | 0:05:30 | 1      |
| 94    | m   | 723  | Schwiers,        | Thomas     | Jungheinrich | 69 | 10600   | 0:58:28 | 0:05:31 | 1      |
| 95    | m   | 317  | Gottwald,        | Kristian   | Airbus       | 69 | 10600   | 0:58:48 | 0:05:33 | 1      |
| 96    | m   | 212  | Schult,          | Mario      | Olympus OSTE | 73 | 10600   | 0:58:50 | 0:05:33 | 1      |
| 97    | m   | 27   | Riemenschneider, | Hannes     | BG Verkehr   | 84 | 10600   | 0:59:27 | 0:05:37 | 1      |
| 98    | m   | 1039 | Hoya,            | Constantin | Olympus OSTE | 80 | 10600   | 0:59:53 | 0:05:39 | 1      |
| 99    | m   | 978  | König,           | Sven       | Airbus       | 87 | 10600   | 1:00:42 | 0:05:44 | 1      |
| 100   | m   | 11   | Gizzas,          | Heiner     | Airbus       | 76 | 10600   | 1:00:48 | 0:05:44 | 1      |
| 101   | m   | 412  | Blumenberg,      | Frank      | HH Airport   | 88 | 10600   | 1:00:52 | 0:05:45 | 1      |
| 102   | m   | 37   | Persiel,         | Arne       | Commerzbank  | 66 | 10600   | 1:00:59 | 0:05:45 | 1      |
| 103   | m   | 717  | Herrmann,        | Thomas     | HEK          | 58 | 10600   | 1:01:32 | 0:05:48 | 1      |
| 104   | m   | 674  | Knaack,          | Tobias     | Airbus       | 75 | 10600   | 1:01:33 | 0:05:48 | 1      |
| 105   | m   | 926  | Klein,           | Friedrich  | Haspa        | 59 | 10600   | 1:02:31 | 0:05:54 | 1      |
| 106   | m   | 698  | Ehrke,           | Michael    | ERGOsports   | 59 | 10600   | 1:02:40 | 0:05:55 | 1      |
| 107   | m   | 786  | Hübener,         | Matthias   | ERGOsports   | 62 | 10600   | 1:02:54 | 0:05:56 | 1      |
| 108   | m   | 430  | Freitag,         | Jens       | Laufladen    | 63 | 10600   | 1:03:13 | 0:05:58 | 1      |
| 109   | m   | 942  | Kück,            | Oliver     | Energie SV   | 67 | 10600   | 1:03:15 | 0:05:58 | 1      |
| 110   | m   | 712  | Drengwitz,       | Andreas    | Laufladen    | 62 | 10600   | 1:03:39 | 0:06:00 | 1      |
| 111   | m   | 611  | Manthei,         | Jan        | Signal Iduna | 67 | 10600   | 1:04:34 | 0:06:05 | 1      |
| 112   | m   | 402  | Bulla,           | Bernhard   | Gasnetz HH   | 60 | 10600   | 1:04:50 | 0:06:07 | 1      |
| 113   | m   | 333  | Hornung,         | Jürgen     | AlbeDiakon   | 54 | 10600   | 1:05:25 | 0:06:10 | 1      |
| 114   | m   | 594  | Hill,            | Tobias     | Still        | 89 | 10600   | 1:06:37 | 0:06:17 | 1      |
| 115   | m   | 215  | Haubrich,        | Gerhard    | PHILIPS      | 43 | 10600   | 1:07:46 | 0:06:24 | 1      |
| 116   | m   | 586  | Buck,            | Klaus      | Siemens      | 62 | 10600   | 1:07:59 | 0:06:25 | 1      |
| 117   | m   | 10   | Felger,          | Fritz      | Airbus       | 59 | 10600   | 1:08:14 | 0:06:26 | 1      |
| 118   | m   | 587  | Sie Too,         | Petrus     | Siemens      | 58 | 10600   | 1:09:03 | 0:06:31 | 1      |
| 119   | m   | 768  | Niefanger,       | Thomas     | Airbus       | 63 | 10600   | 1:09:29 | 0:06:33 | 1      |
| 120   | m   | 396  | Green,           | Sven       | ERGOsports   | 64 | 10600   | 1:10:31 | 0:06:39 | 1      |

| Platz | m/w | StNr | Name        | Vorname   | BSG          | Jg | Strecke | Zeit    | Schnitt | Anzahl |
|-------|-----|------|-------------|-----------|--------------|----|---------|---------|---------|--------|
| 121   | m   | 447  | Janssen,    | Stefan    | Haspa        | 62 | 10600   | 1:20:20 | 0:07:35 | 1      |
| 122   | m   | 1041 | Witte,      | Jonas     | Polizei HH   | 87 | 7100    | 0:27:38 | 0:03:54 | 1      |
| 123   | m   | 188  | Langer,     | Mathias   | AltonaDiag   | 67 | 7100    | 0:28:48 | 0:04:03 | 1      |
| 124   | m   | 562  | Schmidt,    | Birger    | Polizei HH   | 84 | 7100    | 0:28:56 | 0:04:05 | 1      |
| 125   | m   | 833  | Dörheit,    | Christian | NDR          | 79 | 7100    | 0:30:16 | 0:04:16 | 1      |
| 126   | m   | 667  | Ebel,       | Thomas    | NDR          | 65 | 7100    | 0:30:57 | 0:04:22 | 1      |
| 127   | m   | 619  | Vollmers,   | Laurin    | Signal Iduna | 5  | 7100    | 0:31:09 | 0:04:23 | 1      |
| 128   | m   | 913  | Jarck,      | Jan       | AltonaDiag   | 82 | 7100    | 0:33:47 | 0:04:45 | 1      |
| 129   | m   | 271  | Hoch,       | Christoph | Alto-Nabe    | 60 | 7100    | 0:33:56 | 0:04:47 | 1      |
| 130   | m   | 206  | Gniechwitz, | Peter     | Nordmark     | 65 | 7100    | 0:34:10 | 0:04:49 | 1      |
| 131   | m   | 324  | Plambeck,   | Lutz      | Airbus       | 61 | 7100    | 0:34:40 | 0:04:53 | 1      |
| 132   | m   | 68   | Fennen, Dr. | Michael   | ERGOsports   | 88 | 7100    | 0:34:43 | 0:04:53 | 1      |
| 133   | m   | 529  | Scherer,    | Gerhold   | Montblanc    | 71 | 7100    | 0:34:46 | 0:04:54 | 1      |
| 134   | m   | 620  | Vollmers,   | Thomas    | Signal Iduna | 71 | 7100    | 0:35:05 | 0:04:56 | 1      |
| 135   | m   | 612  | Pantelmann, | Nico      | Signal Iduna | 69 | 7100    | 0:36:43 | 0:05:10 | 1      |
| 136   | m   | 522  | Budig,      | Alexander | Montblanc    | 97 | 7100    | 0:37:29 | 0:05:17 | 1      |
| 137   | m   | 535  | Konrad,     | Thomas    | NDR          | 67 | 7100    | 0:37:58 | 0:05:21 | 1      |
| 138   | m   | 360  | Steinfeld,  | Marco     | Dataport     | 75 | 7100    | 0:38:12 | 0:05:23 | 1      |
| 139   | m   | 909  | Schuster,   | Axel      | G+J          | 71 | 7100    | 0:38:29 | 0:05:25 | 1      |
| 140   | m   | 379  | Wilms,      | Christian | ELBE-Sport   | 88 | 7100    | 0:38:59 | 0:05:29 | 1      |
| 141   | m   | 819  | Beckmann,   | Niels     | Knossos.de   | 74 | 7100    | 0:39:15 | 0:05:32 | 1      |
| 142   | m   | 899  | Wellbrock,  | Eckehardt | Montblanc    | 58 | 7100    | 0:39:26 | 0:05:33 | 1      |
| 143   | m   | 492  | Stark,      | Jöran     | Funkgruppe   | 78 | 7100    | 0:39:50 | 0:05:37 | 1      |
| 144   | m   | 33   | Albrecht,   | Christian | Commerzbank  | 70 | 7100    | 0:40:05 | 0:05:39 | 1      |
| 145   | m   | 626  | Ruh,        | Jochen    | Tchibo       | 71 | 7100    | 0:40:22 | 0:05:41 | 1      |
| 146   | m   | 387  | Stüfen,     | Sönke     | Energie SV   | 65 | 7100    | 0:40:26 | 0:05:42 | 1      |
| 147   | m   | 422  | Geerke,     | Jörg      | HHLA         | 60 | 7100    | 0:40:44 | 0:05:44 | 1      |
| 148   | m   | 425  | Westphal,   | Wolfgang  | Hochbahn     | 54 | 7100    | 0:40:47 | 0:05:45 | 1      |
| 149   | m   | 635  | Pöhler,     | Andre     | TÜV-Nord     | 75 | 7100    | 0:40:49 | 0:05:45 | 1      |
| 150   | m   | 1019 | Prenafeta,  | Paulo     | Airbus       | 89 | 7100    | 0:41:37 | 0:05:52 | 1      |

| Platz | m/w | StNr | Name       | Vorname     | BSG             | Jg | Strecke | Zeit    | Schnitt | Anzahl |
|-------|-----|------|------------|-------------|-----------------|----|---------|---------|---------|--------|
| 151   | m   | 1010 | Dahnke,    | Carsten     | Signal Iduna    | 67 | 7100    | 0:42:41 | 0:06:01 | 1      |
| 152   | m   | 1011 | Maruhn,    | Clas-Oliver | Signal Iduna    | 71 | 7100    | 0:42:41 | 0:06:01 | 1      |
| 153   | m   | 441  | Bornemann, | Matthias    | Haspa           | 63 | 7100    | 0:43:15 | 0:06:05 | 1      |
| 154   | m   | 700  | Melde,     | Christian   | ERGOsports      | 69 | 7100    | 0:43:50 | 0:06:10 | 1      |
| 155   | m   | 432  | Goergens,  | Michael     | Laufladen       | 55 | 7100    | 0:44:06 | 0:06:13 | 1      |
| 156   | m   | 691  | Beyer,     | Jürgen      | EDEKA           | 61 | 7100    | 0:44:52 | 0:06:19 | 1      |
| 157   | m   | 350  | Kafke,     | Norbert     | BBK             | 60 | 7100    | 0:45:45 | 0:06:27 | 1      |
| 158   | m   | 466  | Beckmann,  | Gerd        | HypoVerein      | 64 | 7100    | 0:46:01 | 0:06:29 | 1      |
| 159   | m   | 445  | Diezel,    | Günter      | Haspa           | 54 | 7100    | 0:46:22 | 0:06:32 | 1      |
| 160   | m   | 232  | Meyer,     | Peter       | Postbank-H      | 47 | 7100    | 0:46:32 | 0:06:33 | 1      |
| 161   | m   | 747  | Hofsommer, | Steffen     | Siemens         | 72 | 7100    | 0:46:56 | 0:06:37 | 1      |
| 162   | m   | 1043 | Döhring,   | Marc        | Funkgruppe      | 67 | 7100    | 0:47:16 | 0:06:39 | 1      |
| 163   | m   | 571  | Thalheim,  | Thomas      | Runn Green      | 56 | 7100    | 0:47:42 | 0:06:43 | 1      |
| 164   | m   | 457  | Schnabel,  | Harald      | HapagLloyd      | 53 | 7100    | 0:48:12 | 0:06:47 | 1      |
| 165   | m   | 862  | Dockhorn,  | Marc        | Commerzbank     | 71 | 7100    | 0:48:17 | 0:06:48 | 1      |
| 166   | m   | 530  | Steenfatt, | Hans-Joerg  | Montblanc       | 64 | 7100    | 0:48:56 | 0:06:54 | 1      |
| 167   | m   | 491  | Hampel,    | Michael     | Funkgruppe      | 74 | 7100    | 0:49:33 | 0:06:59 | 1      |
| 168   | m   | 615  | Rohde,     | Kurt        | Signal Iduna    | 49 | 7100    | 0:50:53 | 0:07:10 | 1      |
| 169   | m   | 1027 | Hollander, | Karsten     | Hamburg Running | 85 | 3600    | 0:14:37 | 0:04:04 | 1      |
| 170   | m   | 871  | Winter,    | Christian   | ERGOsports      | 81 | 3600    | 0:14:54 | 0:04:08 | 1      |
| 171   | m   | 192  | Wams,      | Martin      | Gaden           | 65 | 3600    | 0:15:24 | 0:04:17 | 1      |
| 172   | m   | 634  | Kupper,    | Frank       | TÜV-Nord        | 64 | 3600    | 0:16:35 | 0:04:36 | 1      |
| 173   | m   | 392  | Becker,    | Dietmar     | ERGOsports      | 59 | 3600    | 0:16:46 | 0:04:39 | 1      |
| 174   | m   | 78   | Reese,     | Johann      | Gasnetz HH      | 6  | 3600    | 0:16:49 | 0:04:40 | 1      |
| 175   | m   | 400  | Tramp,     | Tobias      | ERGOsports      | 93 | 3600    | 0:16:57 | 0:04:42 | 1      |
| 176   | m   | 390  | Banck,     | Sönke       | ERGOsports      | 67 | 3600    | 0:17:17 | 0:04:48 | 1      |
| 177   | m   | 655  | Hegemann,  | Bernd       | G+J             | 68 | 3600    | 0:17:36 | 0:04:53 | 1      |
| 178   | m   | 760  | Langsdorf, | Timo        | Gasnetz HH      | 99 | 3600    | 0:17:51 | 0:04:58 | 1      |
| 179   | m   | 336  | Buchmann,  | Bendix      | AK Nord         | 7  | 3600    | 0:18:33 | 0:05:09 | 1      |
| 180   | m   | 563  | Spijker,   | Andreas     | Polizei HH      | 61 | 3600    | 0:18:36 | 0:05:10 | 1      |

| Platz | m/w | StNr | Name           | Vorname     | BSG          | Jg | Strecke | Zeit    | Schnitt | Anzahl |
|-------|-----|------|----------------|-------------|--------------|----|---------|---------|---------|--------|
| 181   | m   | 340  | Gehle,         | Friedhelm   | BA-Eimsb.    | 56 | 3600    | 0:18:47 | 0:05:13 | 1      |
| 182   | m   | 440  | Altrock,       | Andreas     | Haspa        | 67 | 3600    | 0:19:06 | 0:05:18 | 1      |
| 183   | m   | 508  | Niemann,       | Erik        | FA HH        | 1  | 3600    | 0:19:20 | 0:05:22 | 1      |
| 184   | m   | 70   | Kozieras,      | Norbert     | ERGOsports   | 50 | 3600    | 0:19:21 | 0:05:22 | 1      |
| 185   | m   | 408  | Zielinski,     | Dennis      | Polizei HH   | 92 | 3600    | 0:19:34 | 0:05:26 | 1      |
| 186   | m   | 66   | Kayser,        | Oliver      | Energie SV   | 75 | 3600    | 0:20:21 | 0:05:39 | 1      |
| 187   | m   | 915  | Philippi-Laur, | Martin      | Signal Iduna | 68 | 3600    | 0:20:56 | 0:05:49 | 1      |
| 188   | m   | 79   | Reese,         | Lars        | Gasnetz HH   | 70 | 3600    | 0:21:12 | 0:05:53 | 1      |
| 189   | m   | 382  | Gessert,       | Frank       | Energie SV   | 59 | 3600    | 0:21:34 | 0:05:59 | 1      |
| 190   | m   | 348  | Lewerenz,      | Max         | CLD HH       | 99 | 3600    | 0:21:36 | 0:06:00 | 1      |
| 191   | m   | 574  | Becker,        | Michael     | G+J          | 72 | 3600    | 0:21:43 | 0:06:02 | 1      |
| 192   | m   | 616  | Scharf,        | Dietmar     | Signal Iduna | 68 | 3600    | 0:21:44 | 0:06:02 | 1      |
| 193   | m   | 775  | Eis,           | Walter      | DESY         | 56 | 3600    | 0:22:02 | 0:06:07 | 1      |
| 194   | m   | 624  | Gliewe,        | Volker      | Tchibo       | 52 | 3600    | 0:22:18 | 0:06:12 | 1      |
| 195   | m   | 397  | Krause,        | Reinhard    | ERGOsports   | 44 | 3600    | 0:22:20 | 0:06:12 | 1      |
| 196   | m   | 1032 | Wulff,         | Helmut      | HPA          | 60 | 3600    | 0:22:54 | 0:06:22 | 1      |
| 197   | m   | 63   | Kühl,          | Bernd       | ELBE-Sport   | 46 | 3600    | 0:23:13 | 0:06:27 | 1      |
| 198   | m   | 584  | Bödeker,       | Heinz       | Siemens      | 47 | 3600    | 0:23:22 | 0:06:29 | 1      |
| 199   | m   | 386  | Siemens,       | Claus-Peter | Energie SV   | 58 | 3600    | 0:23:26 | 0:06:31 | 1      |
| 200   | m   | 351  | Brüggeman,     | Ralf        | Commerzbank  | 53 | 3600    | 0:23:46 | 0:06:36 | 1      |
| 201   | m   | 322  | Möller,        | Thomas      | Airbus       | 63 | 3600    | 0:23:55 | 0:06:39 | 1      |
| 202   | m   | 464  | Münster,       | Reinhold    | HEK          | 42 | 3600    | 0:24:07 | 0:06:42 | 1      |
| 203   | m   | 195  | Majcherek,     | Ronald      | FA HH        | 59 | 3600    | 0:24:09 | 0:06:42 | 1      |
| 204   | m   | 52   | Rowedder,      | Frank       | Deut.Bank    | 66 | 3600    | 0:24:42 | 0:06:52 | 1      |
| 205   | m   | 890  | Ahrens,        | Ingo        | HEK          | 68 | 3600    | 0:25:17 | 0:07:01 | 1      |
| 206   | m   | 962  | Steuernagel,   | Curt        | Krüss-OSH    | 56 | 3600    | 0:25:34 | 0:07:06 | 1      |
| 207   | m   | 256  | Ganschow,      | Sven Robert | SRHH         | 62 | 3600    | 0:26:57 | 0:07:29 | 1      |
| 208   | m   | 323  | Nigmann,       | Michael     | Airbus       | 53 | 3600    | 0:27:11 | 0:07:33 | 1      |
| 209   | m   | 39   | Schröder,      | Günter      | Commerzbank  | 47 | 3600    | 0:28:52 | 0:08:01 | 1      |
| 210   | m   | 509  | Papendorf,     | Knut        | FA HH        | 46 | 3600    | 0:29:01 | 0:08:04 | 1      |
| 211   | m   | 197  | Uhl,           | Manfred     | Lufthansa    | 39 | 3600    | 0:33:32 | 0:09:19 | 1      |

| Platz | m/w | StNr | Name                | Vorname      | BSG          | Jg | Strecke | Zeit    | Schnitt | Anzahl | Teamstrecke | Teamzeit | Teamschnitt | Teamstarts |
|-------|-----|------|---------------------|--------------|--------------|----|---------|---------|---------|--------|-------------|----------|-------------|------------|
| 1     | m   | 564  | Gresens,            | Jan          | Runn Green   | 75 | 21300   | 1:29:43 | 0:04:13 | 3      | 63900       | 4:44:36  | 0:04:27     | 9          |
|       | w   | 567  | Hielscher,          | Marie        | Runn Green   | 84 | 21300   | 1:30:49 | 0:04:16 | 3      |             |          |             |            |
|       | m   | 569  | Kleinwort,          | Markus       | Runn Green   | 73 | 21300   | 1:44:04 | 0:04:53 | 3      |             |          |             |            |
| 2     | m   | 318  | Jansen,             | Thies        | Airbus       | 71 | 21300   | 1:33:40 | 0:04:24 | 3      | 63900       | 5:10:40  | 0:04:52     | 9          |
|       | w   | 313  | Brockmann,          | Christina    | Airbus       | 84 | 21300   | 1:36:14 | 0:04:31 | 3      |             |          |             |            |
|       | m   | 327  | Schmidt,            | Gunter       | Airbus       | 61 | 21300   | 2:00:46 | 0:05:40 | 3      |             |          |             |            |
| 3     | m   | 176  | Wilde,              | Tim          | HapagLloyd   | 85 | 21300   | 1:36:26 | 0:04:32 | 3      | 63900       | 5:48:55  | 0:05:28     | 9          |
|       | m   | 174  | Schubert,           | Ralph        | HapagLloyd   | 73 | 21300   | 1:57:39 | 0:05:31 | 3      |             |          |             |            |
|       | w   | 455  | Sagert,             | Erika        | HapagLloyd   | 52 | 21300   | 2:14:50 | 0:06:20 | 3      |             |          |             |            |
| 4     | m   | 1025 | Behrens,            | Steffen      | Gast         | 79 | 21300   | 1:50:19 | 0:05:11 | 3      | 63900       | 5:56:03  | 0:05:34     | 9          |
|       | m   | 1026 | Hardes,             | Christoph    | Gast         | 73 | 21300   | 1:55:34 | 0:05:26 | 3      |             |          |             |            |
|       | w   | 1030 | Schumacher,         | Gabi         | Gast         | 71 | 21300   | 2:10:10 | 0:06:07 | 3      |             |          |             |            |
| 5     | m   | 169  | Scholz,             | Christian    | Haspa        | 82 | 21300   | 1:58:18 | 0:05:33 | 3      | 63900       | 6:23:36  | 0:06:00     | 9          |
|       | w   | 444  | Courtault,          | Britta       | Haspa        | 66 | 21300   | 2:12:27 | 0:06:13 | 3      |             |          |             |            |
|       | m   | 443  | Breier,             | Thomas       | Haspa        | 67 | 21300   | 2:12:51 | 0:06:14 | 3      |             |          |             |            |
| 6     | m   | 221  | Stäcker,            | Frank        | PHILIPS      | 64 | 21300   | 2:05:59 | 0:05:55 | 3      | 53300       | 5:10:30  | 0:05:50     | 8          |
|       | m   | 552  | Bramer,             | Marco        | PHILIPS      | 82 | 21300   | 2:06:19 | 0:05:56 | 3      |             |          |             |            |
|       | w   | 556  | Matzke,             | Svenja       | PHILIPS      | 78 | 10700   | 0:58:12 | 0:05:26 | 2      |             |          |             |            |
| 7     | m   | 580  | Lambracht,          | Gerald       | Stern        | 70 | 21300   | 1:45:38 | 0:04:58 | 3      | 49700       | 4:34:28  | 0:05:31     | 7          |
|       | m   | 969  | Eren,               | Levent       | Stern        | 76 | 21300   | 1:57:42 | 0:05:32 | 3      |             |          |             |            |
|       | w   | 241  | Wendt,              | Mareike      | Stern        | 69 | 7100    | 0:51:08 | 0:07:12 | 1      |             |          |             |            |
| 8     | w   | 183  | Goebel,             | Sonia Isabel | Knossos.de   | 90 | 21300   | 1:47:47 | 0:05:04 | 3      | 42700       | 3:33:23  | 0:05:00     | 7          |
|       | m   | 184  | Oswald,             | Mathias      | Knossos.de   | 78 | 10700   | 0:50:24 | 0:04:43 | 2      |             |          |             |            |
|       | m   | 726  | Hausmann,           | Malte        | Knossos.de   | 84 | 10700   | 0:55:12 | 0:05:10 | 2      |             |          |             |            |
| 9     | m   | 161  | Tilch,              | Peter        | HPA          | 55 | 21300   | 2:17:16 | 0:06:27 | 3      | 42600       | 4:21:05  | 0:06:08     | 6          |
|       | m   | 999  | Reschke,            | Mark         | HPA          | 72 | 10700   | 0:51:48 | 0:04:50 | 2      |             |          |             |            |
|       | w   | 413  | Lohstroh,           | Ellen        | HPA          | 57 | 10600   | 1:12:01 | 0:06:48 | 1      |             |          |             |            |
| 10    | w   | 164  | Hoefl,              | Gesine       | Laufladen    | 52 | 21300   | 2:03:27 | 0:05:48 | 3      | 42500       | 3:32:33  | 0:05:00     | 5          |
|       | m   | 436  | Merklinger,         | Sergej       | Laufladen    | 79 | 10600   | 0:44:33 | 0:04:12 | 1      |             |          |             |            |
|       | m   | 713  | Jennrich,           | Nils         | Laufladen    | 80 | 10600   | 0:44:33 | 0:04:12 | 1      |             |          |             |            |
| 11    | w   | 496  | Kersten,            | Ines         | Laufwerk     | 62 | 21300   | 2:28:09 | 0:06:57 | 3      | 42500       | 3:53:10  | 0:05:29     | 5          |
|       | m   | 493  | Dieckmann,          | Lukas        | Laufwerk     | 85 | 10600   | 0:41:49 | 0:03:57 | 1      |             |          |             |            |
|       | m   | 500  | Schlag,             | Marcel       | Laufwerk     | 87 | 10600   | 0:43:12 | 0:04:05 | 1      |             |          |             |            |
| 12    | w   | 72   | Schmidt,            | Karen        | ERGOsports   | 86 | 21300   | 2:02:01 | 0:05:44 | 3      | 42500       | 3:57:53  | 0:05:36     | 5          |
|       | m   | 394  | Faust,              | Thomas       | ERGOsports   | 62 | 10600   | 0:57:38 | 0:05:26 | 1      |             |          |             |            |
|       | m   | 69   | Holt,               | Johannes     | ERGOsports   | 84 | 10600   | 0:58:14 | 0:05:30 | 1      |             |          |             |            |
| 13    | m   | 261  | Petsch,             | Wolfgang     | Signal Iduna | 60 | 21300   | 1:57:23 | 0:05:31 | 3      | 39000       | 3:40:28  | 0:05:39     | 5          |
|       | m   | 611  | Manthei,            | Jan          | Signal Iduna | 67 | 10600   | 1:04:34 | 0:06:05 | 1      |             |          |             |            |
|       | w   | 618  | Vollmers,           | Anja         | Signal Iduna | 70 | 7100    | 0:38:31 | 0:05:25 | 1      |             |          |             |            |
| 14    | m   | 1028 | Mattstedt,          | Daniel       | Gasnetz HH   | 82 | 10600   | 0:48:33 | 0:04:35 | 1      | 31800       | 2:46:46  | 0:05:15     | 3          |
|       | w   | 405  | Westphal,           | Luise        | Gasnetz HH   | 85 | 10600   | 0:53:23 | 0:05:02 | 1      |             |          |             |            |
|       | m   | 402  | Bulla,              | Bernhard     | Gasnetz HH   | 60 | 10600   | 1:04:50 | 0:06:07 | 1      |             |          |             |            |
| 15    | w   | 8    | Werner,             | Kristina     | Krüss-OSH    | 82 | 10600   | 0:55:26 | 0:05:14 | 1      | 31800       | 2:52:14  | 0:05:25     | 3          |
|       | m   | 729  | Golembiewski,       | Andreas      | Krüss-OSH    | 60 | 10600   | 0:57:43 | 0:05:27 | 1      |             |          |             |            |
|       | w   | 310  | Schmidt-Berbatovci, | Julia        | Krüss-OSH    | 79 | 10600   | 0:59:05 | 0:05:34 | 1      |             |          |             |            |

| Platz | m/w | StNr | Name          | Vorname         | BSG         | Jg | Strecke | Zeit    | Schnitt | Anzahl | Teamstrecke | Teamzeit | Teamschnitt | Teamstarts |
|-------|-----|------|---------------|-----------------|-------------|----|---------|---------|---------|--------|-------------|----------|-------------|------------|
| 16    | m   | 1022 | Gieschen,     | Johannes        | Commerzbank | 99 | 10600   | 0:54:22 | 0:05:08 | 1      | 31800       | 2:57:45  | 0:05:35     | 3          |
|       | m   | 354  | Kasper,       | Thomas          | Commerzbank | 68 | 10600   | 0:57:03 | 0:05:23 | 1      |             |          |             |            |
|       | w   | 357  | Stübner,      | Sarah-Christina | Commerzbank | 83 | 10600   | 1:06:20 | 0:06:15 | 1      |             |          |             |            |
| 17    | m   | 375  | Eybächer,     | Michael         | ELBE-Sport  | 43 | 10700   | 1:33:01 | 0:08:42 | 2      | 28400       | 3:10:37  | 0:06:43     | 4          |
|       | m   | 377  | Meier,        | Ralf            | ELBE-Sport  | 69 | 10600   | 0:48:52 | 0:04:37 | 1      |             |          |             |            |
|       | w   | 378  | Meier,        | Tanja           | ELBE-Sport  | 70 | 7100    | 0:48:44 | 0:06:52 | 1      |             |          |             |            |
| 18    | m   | 866  | Höhne,        | David           | Energie SV  | 83 | 10600   | 0:47:57 | 0:04:31 | 1      | 28300       | 2:22:44  | 0:05:03     | 3          |
|       | m   | 865  | Deren,        | Slawomir        | Energie SV  | 82 | 10600   | 0:54:20 | 0:05:08 | 1      |             |          |             |            |
|       | w   | 388  | Tschiltschke, | Solvejg         | Energie SV  | 91 | 7100    | 0:40:27 | 0:05:42 | 1      |             |          |             |            |
| 19    | w   | 223  | Baron,        | Franziska       | Polizei HH  | 80 | 10600   | 0:57:25 | 0:05:25 | 1      | 28300       | 2:35:07  | 0:05:29     | 3          |
|       | w   | 229  | Marthiens,    | Ute             | Polizei HH  | 52 | 10600   | 1:10:04 | 0:06:37 | 1      |             |          |             |            |
|       | m   | 1041 | Witte,        | Jonas           | Polizei HH  | 87 | 7100    | 0:27:38 | 0:03:54 | 1      |             |          |             |            |
| 20    | m   | 32   | Wulff,        | Lars            | CLD HH      | 72 | 10600   | 0:55:01 | 0:05:11 | 1      | 28300       | 2:49:06  | 0:05:59     | 3          |
|       | w   | 346  | Kollemann,    | Sabine          | CLD HH      | 64 | 10600   | 1:09:27 | 0:06:33 | 1      |             |          |             |            |
|       | w   | 30   | Pahl,         | Svea            | CLD HH      | 2  | 7100    | 0:44:38 | 0:06:17 | 1      |             |          |             |            |
| 21    | m   | 1021 | Hildebrandt,  | Maximilian      | BBK         | 94 | 10600   | 0:46:28 | 0:04:23 | 1      | 24800       | 2:02:05  | 0:04:55     | 3          |
|       | m   | 682  | Wenzlaff,     | Borwin          | BBK         | 69 | 10600   | 0:53:51 | 0:05:05 | 1      |             |          |             |            |
|       | w   | 940  | Plambeck,     | Monika          | BBK         | 73 | 3600    | 0:21:46 | 0:06:03 | 1      |             |          |             |            |
| 22    | m   | 834  | Warneck,      | Marco           | NDR         | 78 | 10600   | 0:46:22 | 0:04:22 | 1      | 24800       | 2:09:40  | 0:05:14     | 3          |
|       | m   | 539  | Schulz,       | Thomas          | NDR         | 61 | 10600   | 0:57:47 | 0:05:27 | 1      |             |          |             |            |
|       | w   | 534  | Hagemann,     | Anna            | NDR         | 47 | 3600    | 0:25:31 | 0:07:05 | 1      |             |          |             |            |
| 23    | w   | 730  | Lüders,       | Kerstin         | Gaden       | 63 | 10600   | 0:56:36 | 0:05:20 | 1      | 24800       | 2:14:51  | 0:05:26     | 3          |
|       | w   | 186  | Feldmann,     | Kerstin         | Gaden       | 71 | 7100    | 0:37:57 | 0:05:21 | 1      |             |          |             |            |
|       | w   | 189  | Liebold,      | Kristin         | Gaden       | 0  | 7100    | 0:40:18 | 0:05:41 | 1      |             |          |             |            |
| 24    | m   | 777  | Keim,         | Olaf            | Deut.Bank   | 64 | 10600   | 0:57:33 | 0:05:26 | 1      | 24800       | 2:25:02  | 0:05:51     | 3          |
|       | w   | 363  | Keim,         | Gesche          | Deut.Bank   | 66 | 10600   | 1:02:47 | 0:05:55 | 1      |             |          |             |            |
|       | m   | 52   | Rowedder,     | Frank           | Deut.Bank   | 66 | 3600    | 0:24:42 | 0:06:52 | 1      |             |          |             |            |
| 25    | m   | 529  | Scherer,      | Gerhold         | Montblanc   | 71 | 7100    | 0:34:46 | 0:04:54 | 1      | 21300       | 1:47:09  | 0:05:02     | 3          |
|       | w   | 526  | Hilgendorf,   | Carmen          | Montblanc   | 84 | 7100    | 0:34:54 | 0:04:55 | 1      |             |          |             |            |
|       | m   | 522  | Budig,        | Alexander       | Montblanc   | 97 | 7100    | 0:37:29 | 0:05:17 | 1      |             |          |             |            |
| 26    | m   | 271  | Hoch,         | Christoph       | Alto-Nabe   | 60 | 7100    | 0:33:56 | 0:04:47 | 1      | 21300       | 2:01:12  | 0:05:41     | 3          |
|       | w   | 685  | Engelbrecht,  | Martina         | Alto-Nabe   | 64 | 7100    | 0:42:11 | 0:05:56 | 1      |             |          |             |            |
|       | w   | 270  | Steinhaus,    | Daniela         | Alto-Nabe   | 83 | 7100    | 0:45:05 | 0:06:21 | 1      |             |          |             |            |
| 27    | m   | 492  | Stark,        | Jöran           | Funkgruppe  | 78 | 7100    | 0:39:50 | 0:05:37 | 1      | 21300       | 2:15:54  | 0:06:23     | 3          |
|       | m   | 1043 | Döhring,      | Marc            | Funkgruppe  | 67 | 7100    | 0:47:16 | 0:06:39 | 1      |             |          |             |            |
|       | w   | 963  | Majda,        | Izabella        | Funkgruppe  | 82 | 7100    | 0:48:48 | 0:06:52 | 1      |             |          |             |            |
| 28    | m   | 717  | Herrmann,     | Thomas          | HEK         | 58 | 10600   | 1:01:32 | 0:05:48 | 1      | 17800       | 1:50:56  | 0:06:14     | 3          |
|       | m   | 464  | Münster,      | Reinhold        | HEK         | 42 | 3600    | 0:24:07 | 0:06:42 | 1      |             |          |             |            |
|       | m   | 890  | Ahrens,       | Ingo            | HEK         | 68 | 3600    | 0:25:17 | 0:07:01 | 1      |             |          |             |            |
| 29    | m   | 909  | Schuster,     | Axel            | G+J         | 71 | 7100    | 0:38:29 | 0:05:25 | 1      | 14300       | 1:15:59  | 0:05:19     | 3          |
|       | m   | 655  | Hegemann,     | Bernd           | G+J         | 68 | 3600    | 0:17:36 | 0:04:53 | 1      |             |          |             |            |
|       | w   | 576  | Nachtigäller, | Iris            | G+J         | 77 | 3600    | 0:19:54 | 0:05:32 | 1      |             |          |             |            |



| <b>Gold Damen</b> | <b>Name</b>    | <b>Vorname</b> | <b>BSG</b>  | <b>JG</b> | <b>Strecke</b> | <b>Zeit</b> | <b>Schnitt</b> | <b>Starts</b> | <b>1961 und älter</b> |
|-------------------|----------------|----------------|-------------|-----------|----------------|-------------|----------------|---------------|-----------------------|
| 1                 | Hoedt,         | Gesine         | Laufladen   | 52        | 21300          | 2:03:27     | 0:05:48        | 3             |                       |
| 2                 | Sagert,        | Erika          | HapagLloyd  | 52        | 21300          | 2:14:50     | 0:06:20        | 3             |                       |
| 3                 | Kersten,       | Ines           | Laufwerk    | 62        | 21300          | 2:28:09     | 0:06:57        | 3             |                       |
| 4                 | Fönschau,      | Silke          | ERGOsports  | 62        | 10600          | 1:01:49     | 0:05:50        | 1             |                       |
| 5                 | Marthiens,     | Ute            | Polizei HH  | 52        | 10600          | 1:10:04     | 0:06:37        | 1             |                       |
| 6                 | Lohstroh,      | Ellen          | HPA         | 57        | 10600          | 1:12:01     | 0:06:48        | 1             |                       |
| 7                 | Jordan,        | Angelika       | HHLA        | 57        | 10600          | 1:23:45     | 0:07:54        | 1             |                       |
| 8                 | Jungnickel,    | Wiebke         | Commerzbank | 59        | 7100           | 0:43:21     | 0:06:06        | 1             |                       |
| 9                 | Bühler-Becker, | Heidi          | G+J         | 61        | 3600           | 0:23:16     | 0:06:28        | 1             |                       |
| 10                | Stahlbock,     | Astrid         | ERGOsports  | 59        | 3600           | 0:24:55     | 0:06:55        | 1             |                       |

**Silber Damen****1962 -1982**

|    |              |           |            |    |       |         |         |   |  |
|----|--------------|-----------|------------|----|-------|---------|---------|---|--|
| 1  | Köhler,      | Beatrix   | Runn Green | 67 | 21300 | 2:04:17 | 0:05:50 | 3 |  |
| 2  | Garbers,     | Catharina | Airbus     | 81 | 21300 | 2:04:57 | 0:05:52 | 3 |  |
| 3  | Schumacher,  | Gabi      | Gast       | 71 | 21300 | 2:10:10 | 0:06:07 | 3 |  |
| 4  | Courtault,   | Britta    | Haspa      | 66 | 21300 | 2:12:27 | 0:06:13 | 3 |  |
| 5  | Kersten,     | Ines      | Laufwerk   | 62 | 21300 | 2:28:09 | 0:06:57 | 3 |  |
| 6  | Matzke,      | Svenja    | PHILIPS    | 78 | 10700 | 0:58:12 | 0:05:26 | 2 |  |
| 7  | Buchmann,    | Sigrid    | AK Nord    | 68 | 10700 | 0:59:13 | 0:05:32 | 2 |  |
| 8  | Pohl,        | Katja     | DZ HYP     | 69 | 10700 | 1:06:09 | 0:06:11 | 2 |  |
| 9  | Perez-Platz, | Ursula    | Marien-Krh | 66 | 10700 | 1:20:50 | 0:07:33 | 2 |  |
| 10 | Kaßen,       | Dortje    | Laufladen  | 73 | 10600 | 0:54:25 | 0:05:08 | 1 |  |

**Damen****1983 und jünger**

|    |            |               |            |    |       |         |         |   |  |
|----|------------|---------------|------------|----|-------|---------|---------|---|--|
| 1  | Hielscher, | Marie         | Runn Green | 84 | 21300 | 1:30:49 | 0:04:16 | 3 |  |
| 2  | Brockmann, | Christina     | Airbus     | 84 | 21300 | 1:36:14 | 0:04:31 | 3 |  |
| 3  | Goebel,    | Sonia Isabel  | Knossos.de | 90 | 21300 | 1:47:47 | 0:05:04 | 3 |  |
| 4  | Voß,       | Katharina     | K&M Sport  | 83 | 21300 | 1:51:21 | 0:05:14 | 3 |  |
| 5  | Schmidt,   | Karen         | ERGOsports | 86 | 21300 | 2:02:01 | 0:05:44 | 3 |  |
| 6  | Schultz,   | Eva           | Airbus     | 84 | 10700 | 0:50:34 | 0:04:44 | 2 |  |
| 7  | Bruns,     | Miriam        | Laufladen  | 83 | 10600 | 0:48:50 | 0:04:36 | 1 |  |
| 8  | Westphal,  | Luise         | Gasnetz HH | 85 | 10600 | 0:53:23 | 0:05:02 | 1 |  |
| 9  | Masing,    | Alexandra     | Airbus     | 99 | 10600 | 0:53:31 | 0:05:03 | 1 |  |
| 10 | Meyer,     | Lisa-Christin | Airbus     | 99 | 10600 | 0:53:50 | 0:05:05 | 1 |  |

**Gold Herren**

|    |               |             |              |    |       |         |         |   |
|----|---------------|-------------|--------------|----|-------|---------|---------|---|
| 1  | Meyer-Reim,   | Utz         | DZ HYP       | 61 | 21300 | 1:54:24 | 0:05:22 | 3 |
| 2  | Petsch,       | Wolfgang    | Signal Iduna | 60 | 21300 | 1:57:23 | 0:05:31 | 3 |
| 3  | Becker,       | Jens-Gerrit | OTTO         | 62 | 21300 | 2:00:02 | 0:05:38 | 3 |
| 4  | Schmidt,      | Gunter      | Airbus       | 61 | 21300 | 2:00:46 | 0:05:40 | 3 |
| 5  | Tilch,        | Peter       | HPA          | 55 | 21300 | 2:17:16 | 0:06:27 | 3 |
| 6  | Lemm,         | Ronald      | Marien-Krh   | 56 | 10700 | 0:56:32 | 0:05:17 | 2 |
| 7  | Eybächer,     | Michael     | ELBE-Sport   | 43 | 10700 | 1:33:01 | 0:08:42 | 2 |
| 8  | Lever,        | Patrick     | Stern        | 61 | 10600 | 0:54:42 | 0:05:10 | 1 |
| 9  | Faust,        | Thomas      | ERGOsports   | 62 | 10600 | 0:57:38 | 0:05:26 | 1 |
| 10 | Golembiewski, | Andreas     | Krüss-OSH    | 60 | 10600 | 0:57:43 | 0:05:27 | 1 |

**1961 und älter****Silber Herren**

|    |            |           |            |    |       |         |         |   |
|----|------------|-----------|------------|----|-------|---------|---------|---|
| 1  | Gresens,   | Jan       | Runn Green | 75 | 21300 | 1:29:43 | 0:04:13 | 3 |
| 2  | Krastev,   | Ulli      | BACARDI    | 69 | 21300 | 1:30:52 | 0:04:16 | 3 |
| 3  | Jansen,    | Thies     | Airbus     | 71 | 21300 | 1:33:40 | 0:04:24 | 3 |
| 4  | Neumann,   | Uwe       | FA HH      | 73 | 21300 | 1:35:17 | 0:04:28 | 3 |
| 5  | Kleinwort, | Markus    | Runn Green | 73 | 21300 | 1:44:04 | 0:04:53 | 3 |
| 6  | Lambracht, | Gerald    | Stern      | 70 | 21300 | 1:45:38 | 0:04:58 | 3 |
| 7  | Behrens,   | Steffen   | Gast       | 79 | 21300 | 1:50:19 | 0:05:11 | 3 |
| 8  | Hardes,    | Christoph | Gast       | 73 | 21300 | 1:55:34 | 0:05:26 | 3 |
| 9  | Schubert,  | Ralph     | HapagLloyd | 73 | 21300 | 1:57:39 | 0:05:31 | 3 |
| 10 | Eren,      | Levent    | Stern      | 76 | 21300 | 1:57:42 | 0:05:32 | 3 |

**1962 -1982****Herren**

|    |              |            |            |    |       |         |         |   |
|----|--------------|------------|------------|----|-------|---------|---------|---|
| 1  | Wilde,       | Tim        | HapagLloyd | 85 | 21300 | 1:36:26 | 0:04:32 | 3 |
| 2  | Huhn,        | Philipp    | Runn Green | 88 | 10700 | 0:43:52 | 0:04:06 | 2 |
| 3  | Hausmann,    | Malte      | Knossos.de | 84 | 10700 | 0:55:12 | 0:05:10 | 2 |
| 4  | Liebrich,    | Johannes   | Uni Bw     | 94 | 10600 | 0:41:35 | 0:03:55 | 1 |
| 5  | Dieckmann,   | Lukas      | Laufwerk   | 85 | 10600 | 0:41:49 | 0:03:57 | 1 |
| 6  | Schlag,      | Marcel     | Laufwerk   | 87 | 10600 | 0:43:12 | 0:04:05 | 1 |
| 7  | Hildebrandt, | Maximilian | BBK        | 94 | 10600 | 0:46:28 | 0:04:23 | 1 |
| 8  | Schäning,    | Johann     | Gast       | 96 | 10600 | 0:47:23 | 0:04:28 | 1 |
| 9  | Höhne,       | David      | Energie SV | 83 | 10600 | 0:47:57 | 0:04:31 | 1 |
| 10 | Deppe,       | Jan        | Airbus     | 98 | 10600 | 0:50:13 | 0:04:44 | 1 |

**1983 und jünger**